

A vibrant collage of various fruits including mango, blueberries, raspberries, kiwi, and citrus slices, with a central text overlay.

# natural!

**We believe in a thing called fruit**



Served From 7am-11am

# Breakfast Sandwiches

<b>Veggie Burrito</b>	Scrambled Eggs, Cheddar Cheese, Spinach, Mushrooms, Peppers, Onions, Potatoes.	\$7.49
	Contains egg, milk, wheat, gluten, soybean	
<b>Spicy Burrito</b>	Scrambled Eggs, Cheddar Cheese, Potatoes, Onions, Peppers, Black Bean Spread, Hot Salsa	\$7.49
	Contains egg, milk, wheat, gluten, soybean	
<b>Falcon Burrito</b>	Scrambled Eggs, Cheddar Cheese, Bacon	\$8.49
	Contains egg, milk, wheat, gluten, soybean	
<b>Ham &amp; Cheese Burrito</b>	Scrambled Eggs, Cheddar Cheese, Ham	\$8.49
	Contains egg, milk, wheat, gluten, soybean	
<b>All American Burrito</b>	Scrambled Eggs, American Cheese, Ham, Pepper, Onions	\$8.49
	Contains egg, milk, wheat, gluten, soybean	



Served From 12pm-4pm

# Sandwiches

**Veggie Sandwich** Hummus, cucumber, carrots, avocado, tomato roasted red peppers, spinach, tahini \$7.49  
Contains wheat, gluten, soybean, sesame

**Caprese** Mozzarella, field greens, tomato, pesto, balsamic reduction \$7.49  
Contains milk, wheat, gluten, soybean

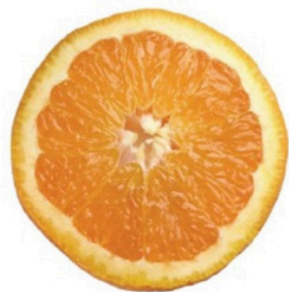
**West Coast Wrap** Turkey, bacon, tomato, avocado, arugula, Monterey Jack \$8.49  
Contains milk, wheat, gluten, soybean

**Turkey Wrap** Turkey, lettuce, tomato, mayo \$8.49  
Contains egg, milk, wheat, gluten, soybean

**Italian Baguette** Ham, salami, provolone, onion, tomato, pickle, olive oil \$8.49  
Contains milk, wheat, gluten, soybean



# SMOOTHIES



## Orange Juice Smoothies

Strawberry Banana

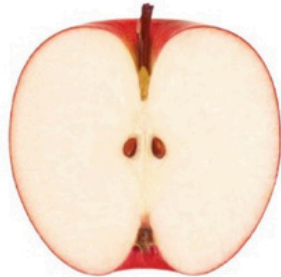
Strawberries, bananas, fresh orange juice

Mixed Berry

Blueberries, strawberries, fresh orange juice

Mango Mint

Mango, fresh mint, fresh orange juice



## Apple Juice Smoothies

Mango Banana

Mango, bananas, fresh apple juice

Cherry Pomegranate

Pomegranate, sweet bing cherries, fresh apple juice

Strawberry Mango

Strawberries, mango, fresh apple juice



## Coconut Water Smoothies

Tropical Fruit

Bananas, golden pineapple, mango, coconut water

Pineapple Coconut

Pineapple, banana, toasted coconut, coconut water



## Almond Milk Smoothies

Chocolate Almond

Banana, cacao, toasted almonds, almond milk

Strawberry Almond

Strawberries, house-made almond butter, almond milk

Honey Almond

Banana, toasted almonds, blossom honey, almond milk



## Savory Smoothies

Simple Green

Pineapple, mango, banana, spinach, kale, wheat grass

Wild Blueberry Chia

Blueberries, banana, pomegranate, ginger, chia, soy milk

Mango Carrot

Mango, carrot juice, soy milk



small  
12 oz \$3.99

large  
16 oz \$4.99

# JUICES



## Juiced For You

Fuji Apple

Navel Orange

Sweet Carrot



## Blended Juices

Green Apple

Granny Smith apples, grapes, spinach, parsley, wheat grass

Golden Carrot

Golden pineapples, carrots, Valencia oranges

small  
12 oz \$3.49

large  
16 oz \$4.49



# SANDWICHES

## Italian Garden Wrap

Zesty tomato bruschetta topping, gardenburger strips, mozzarella and parmesan cheeses in a healthy grain tortilla

\$x.99

## Strawberry Quinoa and Kale Wrap

Strawberry quinoa salad, poblano and jalapeno peppers, toasted pumpkin seeds and spring lettuce mix in a spinach tortilla

\$x.99

## Mediterranean Baguette

Roasted eggplant, creamy hummus and roasted red peppers on a baguette

\$x.99

## Grilled Veggie Hummus Wrap

Balsamic grilled vegetables, lettuce, tomato and creamy hummus in a tortilla wrap

\$x.99

# SALADS

## Apple Cheddar and Walnut Salad

Fresh spring mix tossed with dried cranberries, toasted walnuts, cheddar, Granny Smith apples and Dijon cider dressing

\$x.99

## Farro and Roasted Fruit Grain Bowl

Farro layered with cardamom roasted apples and pears, oranges, dried cranberries, toasted almonds and feta cheese

\$x.99

## Asian Veggies and Quinoa Bowl

Quinoa topped with sesame soy edamame, carrots and peanut salad

\$x.99

## Quinoa Fruit Bowl

Red and white quinoa mixed with strawberries, blueberries, mangoes and honey-eyed lime yogurt sauce

\$x.99

# SNACKS

## Chocolate Overnight Oats

Chocolate coconut oats, vanilla Greek yogurt, pineapple, toasted coconut and chocolate shavings

\$x.99

## Indulgent Snack Box

Apple wedges, grapes, cheddar cheese cubes, banana walnut bread and caramel dipping sauce

\$x.99

## Mediterranean Adventure Box

Baba ghanoush, Kalamata olives, hummus and baked pita chips

\$x.99

## Blueberry Peach and Honey Parfait

Raw oats, honey-sweetened milk, blueberries, peaches and honey drizzle

\$x.99



Dragon Fruit  
Strawberry Lemonade

# Boba Drinks

L

 Classic Milk Tea 140 CAL	\$6.99
 Salted Caramel Milk Tea 120	\$6.59
 Strawberry Jasmine Milk Tea 130	\$6.59
 Taro Milk Tea 200	\$6.59
 Thai Milk Tea 160	\$6.59
Mango Black Tea 70	\$5.99
Mango Green Tea 90	\$5.99
Mango Lemonade 100	\$5.99
Strawberry Lemonade 110	\$6.99
Dragon Fruit Strawberry 120	\$5.99

## Choose One Topping

- Traditional Boba
- Strawberry Popping Boba
- Mango Popping Boba
- Freeze-dried Blueberries



ADD  
POPPING  
BOBA  
!!

Mango Lemonade



Allergens: **Contains Milk**

Produced in a facility that also uses Tree Nuts, Soy, Coconut, Milk, and Wheat

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information available upon request.*