

# SMOOTHIES

16oz. \$8.00

## Mango Madness

Mango Juice, Pineapple, Carrots, Agave, Ice

## Apple Bentley Blue

Apple juice, Bananas, Acai, Strawberries, Blueberries

*Contains milk*

## Apple Berry-Cherry

Apple juice, strawberries, blueberries, cherries

## Sunflower Dream

Chocolate Milk, Bananas, Sun Butter

## On the Go

OJ, Vanilla Greek Yogurt, Pineapple, Strawberry, Acai, Ice

*Contains milk*

## Super Shake

OJ, Pineapple, Mango, Spinach

*Contains milk and tree nuts*

## Acai Energy

Milk, Acai, Banana, Almond Butter, Ice

*Contains milk and tree nuts*

## Almond Chocolate

Almond Milk, Bananas, Cocoa, Toasted Almonds

## Nutella & Strawberry Quake

Nutella, Milk, Greek Yogurt, Strawberries, Banana, Ice

*Contains milk, soy, and tree nuts*

## Flex Smoothie

Create your own, choose up to 4 toppings and 1 liquid.:

Nutella, Almond Butter (*contains nuts*)

Dark Chocolate, Oreo Crumbles, Instant Coffee, Chia Bananas, Pineapple, Strawberry, Blueberries, Acai, Carrots, Mango, Mango Juice, Agave, Apple Juice, Orange Juice, Coconut Water, Vanilla Greek Yogurt, Greek Yogurt, Chocolate Milk, Milk *Contains milk*

## SMOOTHIE Add-Ins

Almond Milk (tree-nuts) & Oat Milk may be substituted

Vanilla or Chocolate Protein Powder

Whey (25 grams) (contains milk) - \$2.00

Vegan (19 grams) - \$2.00

## PROTEIN SHAKES 16oz. \$8.00

## Mocha Frosty

Chocolate Milk,, Instant Coffee, Chocolate, Protein, Ice

*Contains milk and soy*

## Vanilla Beanz

Milk, Vanilla Protein, Vanilla Greek yogurt, Ice

*Contains milk*

## Cookies n Cream

Milk, Vanilla Protein, Vanilla Greek Yogurt, Oreo Crumbles, Ice

*Contains milk and soy*



Freshly Squeezed and Blended

# FRUIT JUICES

## Freshly Squeezed

16oz 5.90

**Fuji Apple**  
**Navel Orange**  
**Sweet Carrot**

## Blended Juices

### Green Apple

Granny Smith apples, grapes, spinach, parsley  
and wheat grass

### Golden Carrot

Golden pineapples, carrots and Valencia oranges

## Energy Bites Bakery

**Free of Gluten, Peanuts/Tree-Nuts,  
Dairy & Eggs**

**\$3.50 Per Cup**

Chocolate Chip

Blueberry

Banana Chip

Espresso Chip

Cranberry Coco Chip

## Sandwiches

### Veggie Sandwich \$7.49

Hummus, cucumber, carrots, avocado, tomato  
roasted red peppers, spinach, tahini

*Contains wheat, gluten, soybean, sesame*

### Caprese \$7.49

Mozzarella, field greens, tomato, pesto,  
balsamic reduction

*Contains milk, wheat, gluten, soybean*

### West Coast Wrap \$8.49

Turkey, bacon, tomato, avocado, arugula,  
Monterey Jack

*Contains milk, wheat, gluten, soybean*

### Turkey Wrap \$8.49

Turkey, lettuce, tomato, mayonnaise

*Contains egg, milk, wheat, gluten, soybean*

### Italian Baguette \$8.49

Ham, salami, provolone, onion, tomato, pickle,  
olive oil

*Contains milk, wheat, gluten, soybean*



## Create Your Own Cup

### Seasonal Fruit Cup 9oz \$6.00

Create your own mixture

### Overnight Oats 12oz \$7.00

*Contains milk*

Choose Four Toppings

Almond Butter, Sliced Almonds (contains nuts)

Banana, Blueberries, Strawberries

Granola, Chia Seeds, Mango Coconut Flakes, Cinnamon,

Nutella, Honey, Greek Yogurt, Protein Powder \$1

### Greek Yogurt 12oz \$7.00

*Contains milk*

Choose Four Toppings

Almond Butter, Sliced Almonds (contains nuts)

Banana, Blueberries, Strawberries

Granola, Chia Seeds, Mango Coconut Flakes, Cinnamon,

Nutella, Honey, Greek Yogurt, Protein Powder \$1



# TOAST BAR

\$7.95

## Sun Butter Toast

Whole Grain Bread, Sun Butter, Bananas, Hemp Seeds, Cinnamon, Blueberries  
*Contains milk, wheat, gluten*

\$7.95

## Almond Butter Toast

Whole Grain Bread, Almond Butter, Bananas, Hemp Seeds, Cinnamon, Raspberries  
*Contains milk, wheat, gluten*

\$7.95

## Plum Tomato & Goat Cheese Toast

Whole Grain Bread, Plum Tomatoes, Goat Cheese, Honey, Fresh Mint, Chia seeds  
*Contains milk, wheat, gluten*

\$7.95

## Avocado Toast

Whole Grain Bread, Avocado, Feta, Sun Dried Tomato, Crushed Red Pepper, Sea Salt, Everything Bagel Seasoning  
*Contains wheat, gluten, sesame*

\$7.95

## Plain Jane

Whole Grain Bread topped with peanut butter, strawberry preserves, salt  
*Contains milk, wheat, gluten, peanuts*



# BOWLS

## Flex Bowl

\$9.00

Choice of Organic Acai or Pitaya and your choice of 5 toppings.

Peanut Butter, Almond Butter, Sliced Almonds (*contains nuts*)  
Banana, Blueberries, Strawberries  
Granola, Chia Seeds, Coconut Flakes, Cinnamon, Nutella, Honey,  
Greek Yogurt (*contains milk*)

## Bentley Dragon Bowl

\$9.00

Organic Pitaya, Mango, Pineapple, Granola,  
Coconut Flakes, and Chia Seeds  
*Contains: Coconut*

## Berry Good Bowl

\$9.00

Organic Acai, Strawberry, Granola, Toasted  
Almonds, and Chia Seeds  
*Contains Tree Nuts*





Dragon Fruit  
Strawberry Lemonade

# Boba Drinks

 Classic Milk Tea	\$7.05
 Salted Caramel Milk Tea	\$7.05
 Strawberry Jasmine Milk Tea	\$7.05
 Taro Milk Tea	\$7.05
 Thai Milk Tea	\$7.05
Mango Black Tea	\$6.40
Mango Green Tea	\$6.40
Mango Lemonade	\$6.40
Strawberry Lemonade	\$6.40
Dragon Fruit Strawberry Lemonade	\$6.40



**BENTLEY UNIVERSITY**

Dining Services

ADD  
POPPING  
BOBA  
!!



## Add Toppings!

-  Strawberry Popping Boba
-  Mango Popping Boba
-  Dried Blueberries



Allergens: **Contains Milk**

Produced in a facility that also uses Tree Nuts, Soy, Coconut, Milk, and Wheat

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information available upon request.*

Mango Lemonade