

Meal Exchanges at the Bear's Den

Monday—Friday 2:00PM—6:00 PM

For Unlimited Meal Plan holders (2 per Week, Once per Day)



Choose 1 entrée, 1 side and 1 Fountain Beverage from the selections listed below:

Additional items (or items not listed) are available to purchase with cash/debit/credit/meal plan dollars.

Venue entrée choice (Choose 1)



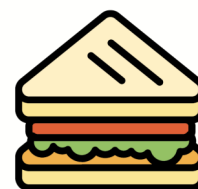
Farmhouse Grill

- Smashburger or Smash Cheeseburger
- Black Bean Burger
- Spicy Chicken Sandwich
- Grilled Cheese Sandwich
- Chicken Tenders



Harvest Salad Bar

- Small or Large Soup
- Entrée Salad



Craft It Deli

- Buffalo Chicken Wrap
- Incogmeato Buffalo Wrap
- Falafel Pita
- Vegetarian or Protein Sandwich



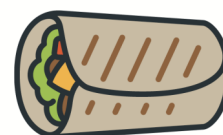
Neapolitan Pizza

- Personal Pizza
- Pasta of the Day
- Hot Sub Sandwich



Peking Plate Stir Fry

- Stir-Fry with single protein & choice of veggies



Serrano Rice & Beans

- Any Vegetarian or single protein Burrito, Burrito Bowl, or Salad

Meal Exchange Sides: Up to 1 each

Regular Sides

- 1 Piece of Whole Fruit
- 1 Regular Bag of Chips
- French Fries

Beverages (Choose 1)

- Any Size Fountain Soda or coffee

How to use:

1. Choose your Entrée
2. Select which side and beverage
3. See Cashier and ask to use a Meal Exchange