




CHICKEN FAJITA PANINI 616 cal
Grilled chicken, sauteed peppers & onions, fresh cilantro & melted cheddar jack cheese. \$9.99

CLASSIC REUBEN 440 cal
Tender corned beef, sauerkraut, melted Swiss cheese and 1000 island dressing on grilled rye bread. \$10.99

CLASSIC PANINI 573 cal
Shaved ham, turkey, melted Swiss cheese, honey mustard and plum tomatoes, \$9.99



TURKEY FLORENTINE 595 cal
Roasted Turkey, melted Swiss cheese, fresh spinach and honey mustard on griddled multigrain panini bread. \$9.99



CHICKEN PESTO PANINI 735 cal
Grilled chicken, fresh mozzarella, spinach, roasted red pepper & basil pine nut pesto on griddled sourdough panini bread. \$9.99

CLASSIC CAPRESE PANINI 430 cal 
Fresh mozzarella, pesto and tomato on grilled panini bread \$8.69

SMOKED TURKEY CUBANO 593 cal
Cuban mojo pork, sliced smoked turkey, Swiss cheese, dill pickles and mustard on grilled baguette. \$9.99

BUILD YOUR OWN 440-680 cal \$9.99

BISTRO POTATO SALAD 100 cal   \$2.19
Roasted Yukon gold potatoes tossed in sherry vinegar, Greek yogurt, honey and Dijon mustard, topped with dill and scallions.

CAROLINA COLESLAW 60 cal   \$2.19
Cabbage, carrots, green peppers and scallions with cider vinaigrette.

FRUIT SALAD 50 cal   \$2.59
Cantaloupe, honeydew, golden pineapple and seedless grapes.

BABY CARROTS 60 cal   \$2.19


ADD SIDE SALAD.....\$3.39

pressed

BACON EGG FLORENTINE 480 cal
Fresh spinach, scrambled eggs, bacon, Swiss cheese

\$8.19

BREAKFAST

SOUTHWESTERN 390 cal 
Southwestern scrambled eggs with jack cheese, cilantro, onions, tomatoes, green chilies and ham.

\$8.19

SCRAMBLED EGG BOWL 520-600 cal
Shaved ham, turkey, melted Swiss cheese, honey mustard and plum tomatoes,


\$8.49


AVOCADO TOAST 300-700 cal
Multi grain toast with your choice of ham or turkey, spinach, onion, tomatoes & fried egg

\$5.89



 Mindful

 Vegan

 Vegetarian

 Plant Based

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.