

Winter Buffet Menu

University of Vermont

\$31.00 per person

The Winter Limited Time Offer buffet is served with dinner rolls (90 CAL) **contains: wheat, soy, sesame, milk** and butter (25 CAL) **contains: milk**

SALAD *choice of one:*

Quinoa, Garbanzo and Maplebrook Farm Feta Salad (120 CAL)
with Cucumber, Tomatoes, Scallions, Lemon Juice, and Olive Oil
contains: milk

Roasted Beets, Pear and Vermont Creamery Chevre Salad (380 CAL)
with Cranberry Vinaigrette, Blood Oranges, and Candied Pecans
contains: milk, tree nuts

PROTEIN *choice of two:*

Farmers and Cooks Ham (130 CAL)
with Apricot Mustard Glazed

Roasted Stuffed Stonewood Turkey (80 CAL)
with Italian Turkey Sausage and Apple Cider Gravy
contains: milk

Sweet Potato and Cauliflower Curry (160 CAL)
with Coconut Milk, Carrots, and Green Beans

STARCH *choice of one:*

Red Bliss Mashed potatoes (180 CAL)
with Maplebrook Farm Ricotta
contains: milk

Brown Rice (110 CAL)
with Apricots and Toasted Almonds
contains: tree nuts

VEGETABLE *choice of one:*

Maple Brussel Sprouts with Green Mountain Smokehouse Bacon (100 CAL)
Ginger Glazed Carrots (330 CAL)

DESSERT *choice of one:*

Cranberry Orange Maplebrook Farm Ricotta Cake (375 CAL)
contains: milk, wheat, eggs

Salted Caramel Date Bread Pudding (320 CAL)
with Vermont Farmstead Cheese Co. Brie
contains: milk, wheat, eggs

SEASONAL INFUSED WATER (0 CAL)
Ginger, Blood Orange, and Cinnamon

*2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.*

