

Week of September 12th

	12-Sep Saturday	13-Sep Sunday	14-Sep Monday	15-Sep Tuesday	16-Sep Wednesday	17-Sep Thursday	18-Sep Friday
Breakfast	7am-11am	9am-11am	7:00-8:25am	8am-9:20am	7:00-8:25am	8am-9:20am	7:00-8:25am
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
	Hash Browned Diced Potatoes	Skillet Potatoes with Onions	Shredded Hashbrown	Home Fried Potatoes	Hashbrown Patty	Potato & Kale Hash	Fried Tater Tots
	Bacon and Cheese Frittata	Bacon Slices	Sausage Patties	Smoked Ham	Turkey Sausage	Sausage Links	Grilled Kielbasa
	Spinach Frittata	Shakshuka	Home Made French Toast	Frittata Bite	Pancakes	Fried Egg Muffin	French Toasts Sticks
	Breakfast Pastries	Breakfast Pastries	Breakfast Pastries	Breakfast Pastries	Breakfast Pastries	Breakfast Pastries	Breakfast Pastries
	Yogurt and Fresh Fruit Bar	Yogurt and Fresh Fruit Bar	Yogurt and Fresh Fruit Bar	Yogurt and Fresh Fruit Bar	Yogurt and Fresh Fruit Bar	Yogurt and Fresh Fruit Bar	Yogurt and Fresh Fruit Bar
Lunch	11am-1pm	11am-1pm	11:15am-1pm	10:55am-1pm	11:15am-1pm	10:55am-1pm	11:15am-1pm
			Chicken Quesadilla w/ Toppings Fiesta Rice	Grilled Chicken Caprese Buttered Linguini	Citrus Glazed Catch of the Day Rice & Orzo Pilaf	Hot Dogs Warm Potato Salad	Cubana Sandwich White Rice and Black Beans
			Sauteed Zucchini	Wilted Spinach with Caramelized Shallots	Mediterranean Vegetables	Kernal Corn	Sweet Plantains
Vegan							
			Refried Beans and Vegetable Quesadilla	Mediterranean Tofu with Roasted Peppers, Tomatoes, and Basil	Pasta with Sweet Pea and Fresh Pesto	Baked Beans	Tandoori Cauliflower with Chick Pea Wrap
Deli							
Mindful Salad	Salad Bar	Salad Bar	Fattoush Salad w Herbed Pita	Orange, Beet and Pepita Arugula Salad	Chicken Taco Salad	Chicken Provencal Salad	Classic Greek
Build Bowl							
			Mediterranean Bowl	Mediterranean Bowl	Guacamole Day	Tex Mex Bowl	
Soup							
	Chef's Choice	Chef's Choice	Chef's Choice Chef's Choice	Potato-Leek Soup Beef Chili with Beans	Broccoli Cheddar Soup Lemon Chicken Orzo Soup	Vegetable Minestrone Italian Wedding Soup	New England Clam Chowder Lentil Soup
Dessert							
			Brownies	Fresh Pineapple	Cookies	Fresh Cantaloupe	Rice Crispy Squares
Pizza							
			Today's Featured Pizza Cheese & Pepperoni Pizza	Today's Featured Pizza Cheese & Pepperoni Pizza	Today's Featured Pizza Cheese & Pepperoni Pizza	Nashville Hot Pizza Cheese & Pepperoni Pizza	Today's Featured Pizza Cheese & Pepperoni Pizza
Dinner	5:30-6:30pm	5:30-6:30pm	5:30-7:30pm	5:30-7:30pm	5:30-7:30pm	5:30-7:30pm	5:30-6:30pm
	Home Made Meatballs	Steak Tips	Huli BBQ Chicken	Mac and Cheese Bar-Broccoli, shred buffalo chicken, ham, bacon bits, scallion	Chicken Cordon Blue	Herbed Roasted Turkey Breast	Club Exp
	Spaghetti	Rice Pilaf	Kimchi Fried Rice	Toppings	Buttered Fettuccini	Scallop Potatoes	Pizza in Ransome Room
	Carrots	Peppers, Onions, Mushrooms, Cherry Tomatoes	Spicy Sesame Green Beans	Steamed Carrots and Peas	Lemon Garlic Broccolini	Roasted Asparagus with Roasted Tomatoes	Tossed Salad Assorted Cookies
	Cannoli Pieces and Dip	MYO Milkshakes	Freh Pick - Apple Crisp	Blondie Bar	Lemon Blueberry Cake	Red Velvet Cake	Lemonade and Water
Vegan							
	Vegan Meatballs	Bayou Red beans and Rice	Huli Tofu Stir Fry	Vegan Mac and Cheese	Marinated Portobello with Quinoa Pilaf	Vegan Paella with Edamame	
Pasta							
			Tonight's Baked Pasta Pasta with Marinara	Tonight's Baked Pasta Pasta with Marinara	Tonight's Baked Pasta Pasta with Marinara	Tonight's Baked Pasta Pasta with Marinara	



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