

SANDWICHES

Served on your choice of bread.
Gluten-free bread available upon request

Egg Salad **V** \$1.95 | 280-360 cal
Allergens: milk, egg, wheat, soy, gluten, sesame

Chicken Salad \$2.55 | 560-640 cal
Allergens: milk, egg, wheat, soy, gluten, sesame

Turkey & Cheddar \$2.94 | 330-410 cal
Allergens: milk, wheat, soy, gluten, sesame

Grilled Cheese **V** \$1.51 | 550-630 cal
Allergens: milk, wheat, soy, gluten

QUESADILLAS

Chicken Quesadilla \$4.18 | 870 cal
Allergens: milk, wheat, soy, gluten

Cheese Quesadilla **V** \$3.05 | 1,100 cal
Allergens: milk, wheat, soy, gluten

Buffalo Chicken Quesadilla \$4.33 | 950 cal
Allergens: milk, egg, wheat, soy, gluten

Vegetable Quesadilla **V** \$3.56 | 830 cal
Allergens: milk, wheat, soy, gluten

V Vegetarian **VG** Vegan

SALADS

Nutritionals calculated without dressing.

Caesar Salad **V** \$1.35 | 70 cal
Allergens: milk, wheat, gluten

Chicken Caesar Salad \$2.81 | 160 cal
Allergens: milk, wheat, gluten

Chef Salad \$3.97 | 240 cal
Allergens: milk, egg, wheat, gluten

Grilled Chicken Salad \$3.26 | 470 cal
Allergens: milk, wheat, gluten

Southwest Chicken Salad \$3.88 | 470 cal
Allergens: milk

Quinoa Salad **VG** \$2.13 | 230 cal

Ask About the Soup of the Day

Cup of Soup \$1.70 | 70 - 300 cal

Consumer advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.

NEW!!

Chicken Tenders \$8.99 | 520 cal
Allergens: wheat, gluten

White Cheddar Mac & Cheese **V** \$6.99 | 420 cal
Allergens: milk, egg, wheat, gluten

10" Pepperoni Personal Pizza \$9.99 | 1020 cal
Allergens: milk, wheat, gluten



Pizzas below served with a mixed greens side salad

Cheese Pizza **V** \$2.77 | 370 cal
Allergens: milk, wheat, soy, gluten

Roasted Vegetable Pizza **V** \$3.40 | 410 cal
Allergens: milk, wheat, soy, gluten

Pesto Chicken Pizza \$3.35 | 370 cal
Allergens: milk, egg, wheat, soy, gluten

BREAKFAST

- Cereal Cup **V**  \$1.29 | 240-290 cal
Allergens will vary
- Bagel **V**  \$0.82 | 290-460 cal
Allergens will vary
- Bagel **V** \$1.35 | 360-530 cal
with Cream Cheese
Allergens will vary

BEVERAGES

- Bottled Water \$3.09 | 0 cal
- Bottled Soda \$2.79 | 0-240 cal
- 16 oz. Fountain Soda \$1.19 | 270-350 cal
- 20 oz. Fountain Soda \$1.49 | 380-460 cal
- Bottled Milk \$1.99 | 120-340 cal
- Gatorade \$3.09 | 5-140 cal
- Coffee \$1.03 | 0 cal
- Tea \$0.11 | 0 cal

BREAKFAST SANDWICH

- Bacon, Egg & Cheese Breakfast Sandwich \$6.99 | 630 cal
Allergens: milk, egg, wheat, gluten
- Vegetarian Breakfast Sandwich **V** \$5.99 | 520 cal
Allergens: milk, egg, wheat, soy, gluten, sesame

SNACKS

- Fresh Fruit Cup \$3.99 | 45 cal
- Banana **VG** \$0.35 | 110 cal
- Apple **VG** \$0.45 | 90 cal
- Orange **VG** \$0.68 | 60 cal
- Hard Boiled Egg Cup \$1.12 | 140 cal
- Cookie **V** \$1.03 | 460-580 cal
Allergens: milk, egg, wheat, soy, gluten

BUILD YOUR OWN SMOOTHIE

See smoothie menu for flavor options

- Smoothie \$2.91
- + with Single Boost of Protein \$4.03
- + with Double Boost of Protein \$5.26

V Vegetarian **VG** Vegan  Plant Based



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