

FALL 2025 & SPRING 2026

MEAL EXCHANGE MENU

pressed

BYO Scrambled Egg Bowl

includes your choice of three toppings **(Breakfast only)**

BYO Avocado Toast

served with one protein of your choice **(Breakfast only)**

Turkey or Chicken Panini

served with your choice of coleslaw, or baby carrots, or house made chips

Vegetarian Panini

served with your choice of coleslaw, or baby carrots, or house made chips

Pressed is your go-to spot for hot, made-to-order paninis and fresh breakfast favorites.



ALL MEAL EXCHANGES ABOVE INCLUDE A HOT COFFEE OR ½ PINK MILK (BREAKFAST) OR A FOUNTAIN BEVERAGE (LUNCH)