

CLAFLIN UNIVERSITY DINING

THE 1869 CLUB

WEEKLY MENU

October 20 – October 24

MONDAY – October 20

Grilled Chicken Breast
Cuban Beef Steak with Black Bean Salsa
Eggplant Ragout with Garbanzo Beans
Balsamic Roasted Vegetables
Lemon Thyme Rice

TUESDAY – October 21

Herb Roasted Turkey Breast
Italian Sausage & Marinara Pasta Bake
Sauteed Yellow Squash & Zucchini
Simply Smashed Yukon Gold Potatoes
Steamed Baby Carrots with Dill

WEDNESDAY – October 22

Southern Fried Chicken
Oven Baked Chicken
Mac & Cheese
Savory Black Eyed Peas
Pot Likker Collard Greens
Penne Bolognese Casserette
Old-Fashioned Cornbread

THURSDAY – October 23

Apple Cider Grilled Chicken Thigh
Memphis Ribs
BBQ Sauce
Baked Beans
Baby Spinach
Baked Potato

MENUS ARE SUBJECT TO CHANGE



CLAFLIN UNIVERSITY DINING

THE 1869 CLUB

WEEKLY MENU

October 20 – October 24

FRIDAY – October 24

Baked Cajun Catfish

Yellow Rice with Black Beans

Fried Catfish

Shrimp & Grits

Fried Okra

Sauteed Cabbage & Onion

Grilled Corn Cobbette

Roasted Sweet Potato Wedges

MENUS ARE SUBJECT TO CHANGE

