

**Acai Berry Sorbet Smoothie Blend, 2/3 Cup****Nutrition Facts**

1 serving per container

Serving Size**2/3 CUP (140g)****Amount per serving****Calories****180****% Daily Value ***

Total Fat 5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 34g	12%
Dietary Fiber 3g	10%
Total Sugars 19g	
Includes 19g Added Sugars	38%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0mg	0%
Potassium 75mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Acai Berry Smoothie Sorbet (Organic Fair Trade Acai Puree*, Filtered Water, Organic Invert Cane Syrup, Organic Tapioca Syrup, Organic Vegetable Glycerin, Organic Locust Bean Gum, Organic Guar Gum, Organic Flavor, Organic Sunflower Lecithin, Citric Acid, Organic Fruit & Vegetable Juice (for color))

Contains: No allergens

Dragon Fruit Sorbet

Nutrition Facts

1 serving per container

Serving Size

2 - #10 Scoops (171g)

Amount per serving

Calories

180

% Daily Value *

Total Fat 0.5g	1%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 41g	15%
Dietary Fiber 2g	6%
Total Sugars 24g	
Includes 19g Added Sugars	39%
Protein less than 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.3mg	0%
Potassium 135mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Dragon Fruit Sorbet (Organic Dragon Fruit (Pitaya) Puree, Filtered Water, Organic Tapioca Syrup, Organic Invert Cane Syrup, Organic Vegetable Glycerin, Fruit & Vegetable Juice (for color), less than 0.5% of: Citric Acid, Organic Flavor, Organic Locust Bean Gum, Organic Guar Gum, Organic Stevia Extract)

Contains: No allergens

**Sliced Kiwi, 1/4 Cup****Nutrition Facts**

1 serving per container

Serving Size**1/4 CUP (52g)****Amount per serving****Calories****30****% Daily Value ***

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	5%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein less than 1g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.2mg	0%
Potassium 160mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Kiwi Fruit**Contains:** No allergens

Fresh Pineapple Chunk, 1/4 Cup**Nutrition Facts**

1 serving per container

Serving Size**1/4 CUP (37g)****Amount per serving****Calories****20****% Daily Value ***

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber less than 1g	2%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.1mg	0%
Potassium 40mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Golden Pineapple**Contains:** No allergens



Blackberries, 1/4 Cup

Nutrition Facts

1 serving per container

Serving Size

1/4 CUP (37g)

Amount per serving

Calories

15

% Daily Value *

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 3g **1%**

Dietary Fiber 2g **7%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein less than 1g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 0.2mg **0%**

Potassium 60mg **0%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Blackberries

Contains: No allergens



Sliced Banana, 1 oz

Nutrition Facts

1 serving per container

Serving Size

OZ (29g)

Amount per serving

Calories

25

% Daily Value *

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber less than 1g	3%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.1mg	0%
Potassium 100mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Banana

Contains: No allergens

**Raspberries, 1/4 Cup****Nutrition Facts**

1 serving per container

Serving Size**1/4 CUP (31g)****Amount per serving****Calories****15****% Daily Value ***

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 4g	1%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.2mg	0%
Potassium 45mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Raspberries**Contains:** No allergens



Fresh Whole Strawberries, 1/4 Cup

Nutrition Facts

1 serving per container

Serving Size

1/4 CUP (43g)

Amount per serving

Calories

15

% Daily Value *

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 3g **1%**

Dietary Fiber less than 1g **3%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 0g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 0.2mg **0%**

Potassium 65mg **0%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Strawberries

Contains: No allergens

Oats & Honey Crunch Granola, 1 Tbsp**Nutrition Facts**

1 serving per container

Serving Size**TBSP (7g)****Amount per serving****Calories****30****% Daily Value ***

Total Fat 1.0g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	1%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein less than 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.2mg	0%
Potassium 15mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.**Ingredients:** Oats & Honey Crunch Granola (Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Rice Flour, Honey, Brown Sugar Syrup, Salt, Baking Soda, Soy Lecithin, Natural Flavor)**Contains:** Soy

**Pumpkin Seeds (Pepitas), 1 Tsp****Nutrition Facts**

1 serving per container

Serving Size**TSP (3g)****Amount per serving****Calories****15****% Daily Value ***

Total Fat 1.0g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	1%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein less than 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.2mg	0%
Potassium 20mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.**Ingredients:** Pumpkin Seeds (Pepitas, Vegetable Oil (Peanut, Cottonseed, Soybean and/or Sunflower Seed), Sea Salt)**Contains:** Peanuts; Soy

**Cacao Nibs, 1 Tbsp****Nutrition Facts**

1 serving per container

Serving Size**TBSP (10g)****Amount per serving****Calories****60****% Daily Value ***

Total Fat 5g	7%
Saturated Fat 3.0g	16%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 2g	1%
Dietary Fiber 2g	6%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.3mg	0%
Potassium 75mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Cocoa Nibs**Contains:** No allergens

**Dry Roasted Unsalted Cashews****Nutrition Facts**

1 serving per container

Serving Size**TSP (3g)****Amount per serving****Calories****15****% Daily Value ***

Total Fat 1.5g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate less than 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.2mg	0%
Potassium 20mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Oil Roasted Unsalted Cashews (Cashews, Vegetable Oil (Peanut, Cottonseed, Soybean and/or Sunflower Seed))**Contains:** Peanuts; Soy; Tree Nuts

**Sliced Blanched Almonds, 1 Tbsp****Nutrition Facts**

1 serving per container

Serving Size**TBSP (6g)****Amount per serving****Calories****35****% Daily Value ***

Total Fat 3.0g	4%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber less than 1g	2%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.2mg	0%
Potassium 40mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Sliced Almonds**Contains:** Tree Nuts

Honey

Nutrition Facts

1 serving per container

Serving Size

TSP (8g)

Amount per serving

Calories

20

% Daily Value *

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat	Incomplete Nutritional Component
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 6g Added Sugars	12%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Honey

Contains: No allergens

Creamy Peanut Butter, 1 Tbsp

Nutrition Facts

1 serving per container

Serving Size

TBSP (17g)

Amount per serving

Calories

100

% Daily Value *

Total Fat 8g **10%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 80mg **4%**

Total Carbohydrate 3g **1%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes less than 1g Added Sugars **2%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 0.3mg **0%**

Potassium 95mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Creamy Peanut Butter (Peanuts, Dextrose, Hydrogenated Vegetable Oil (Rapeseed and/or Cottonseed), Salt)

Contains: Peanuts