

Swirl

SIGNATURE FRESH FRUIT SMOOTHIE



20 oz. \$7.99 (260-760cal)

Avocado Kale Smoothie

Avocado, kale & banana blended, topped with fresh raspberries, kiwi, banana and chia seeds

260 calories

Pineapple Coconut Smoothie

Pineapple & banana blended, topped with fresh pineapple, blueberries, mango, pumpkin seeds & coconut

360 calories

Peach Orange Smoothie

Banana, peaches & orange juice blended, topped with fresh strawberries, nectarines, granola & almonds

280 calories

Chocolate Peanut Butter Smoothie

Banana, peanut butter & blueberries blended, topped with oat & honey granola, and mini chocolate chips

760 calories

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CREATE YOUR OWN BOWL

\$10.99 (200cal)

Acai or Dragon Fruit Base



PICK YOUR

Toppings (Choose up to 2)

(Additional Topping \$1.50 each)

Oats & Honey Granola (30 cal) | Almond Butter (100 cal)

Mini Chocolate Chips (50 cal) | Fresh Honey (60 cal)

Shredded Coconut (25 cal) | Chia Seeds (25 cal)

Pumpkin Seeds (40 cal) | Corn Flakes (25 cal)

Toasted Cashews (35 cal) | Rice Krispies (25 cal)

Peanut Butter (150 cal) | Almonds (35 cal)

Craisins (30 cal) | Avocado (45 cal)

Fruit (Choose up to 3)

(Additional Fruit \$2.50 each)

Strawberries (10 cal) | Blueberries (20 cal) | Banana (20 cal) | Mango (20 cal)

Pineapple (25 cal) | Nectarine (20 cal) | Blackberries (20 cal)