

SIGNATURE Subs 6" and 12"

UNDER
550
CALORIES

BAJA CHICKEN 7.39 / 10.39

roasted chicken • provolone • lettuce •
pico de gallo • chipotle ranch dressing

400 / 800

NEW

UNDER
550
CALORIES

CHEESESTEAK 7.99 / 10.99

philly steak • onion • provolone •
cheese • lettuce • tomato

450 / 910

CRISPY CHICKEN BUFFALO RANCH 7.39 / 10.39

crispy chicken • provolone • lettuce • onion
• tomato • ranch dressing • buffalo sauce

700 / 1400

NEW

DIABLO TURKEY 7.99 / 10.99

turkey • pepper jack cheese • sweet red
peppers • lettuce • onion • tomato •
southwest mayonnaise

510 / 1020

UNDER
550
CALORIES

HAM & SWISS 7.39 / 10.39

ham • swiss • lettuce • tomato • honey
mustard

460 / 915

MEAT LOVERS PIZZA SUB 7.39 / 10.39

meatballs • capicola • pepperoni •
provolone • marinara

610 / 1220

NEW

UNDER
550
CALORIES

RUEBEN SUB 7.99 / 10.99

Corned beef • swiss cheese • thousand
island dressing

460 / 920

LOVE WRAPS!

Get any 6" sub as a wrap
no extra charge.

UNDER
550
CALORIES

SALAMI 7.39 / 10.39

salami • provolone • lettuce • tomato •
onion • Italian dressing

445 / 890

NEW

UNDER
550
CALORIES

SHAWARMA 7.99 / 10.99

Sliced meatballs • shawarma seasoning •
lettuce • diced tomatoes • feta cheese

340 / 1340

TUNA SALAD 7.39 / 10.39

tuna salad • lettuce • tomato

530 / 1050

MAKE IT A COMBO

Add a 24 oz Fountain Soda
and Bag of Chips

\$2.99

EST. 1999
Sub
CONNECTION

BREAD OPTIONS

- White
- Wheat
- Jalapeño



Gluten-free rolls available upon request.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

GF

Gluten-Free

VG

Vegan

V

Vegetarian

BYO Build Your Own

TURKEY GF	8.99 / 11.99	375 / 750
ROASTED CHICKEN GF	8.99 / 11.99	420 / 840
CRISPY CHICKEN	8.99 / 11.99	680 / 1360

EXTRAS

BACON GF	2.19 / 3.29	70 / 140
MEAT	2.19 / 3.09	50-240
CHEESE V GF	1.29 / 1.69	70-85 / 140-175
VEGGIES VG GF	1.29 / 1.69	0-45
AVOCADO VG GF	1.49 / 2.19	60 / 120

SIDES

CHIPS	1.79	140-300
CHOCOLATE CHIP COOKIE v	3.69	540
FRESH WHOLE FRUIT	1.25	40-70

BEVERAGES

FOUNTAIN SODA – 24 oz	2.59	0-340
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VEGETARIAN

UNDER
550
CALORIES

PLANT-BASED CRISPY

CHICK'N V 7.39 / 10.39

crispy plant-based chick'n • provolone •
lettuce • onion • tomato • ranch dressing •
bbq sauce

510 / 1030

UNDER
550
CALORIES

ROASTED VEGGIE V 6.29 / 9.29

zucchini • squash • red peppers • spinach •
onion • parmesan mayo

350 / 640

UNDER
550
CALORIES

ROASTED VEGGIE

PIZZA SUB V 6.29 / 9.29

zucchini • squash • mushroom •
red peppers • onion • provolone • marinara

420 / 830

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Subs

EST. 1999
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