

Spring Buffet Menu

University of Vermont

\$37.49 per person

UVM partners will receive a 20% discount on their food and non-alcoholic beverage selections.

The spring Limited Time Offer buffet is served with dinner rolls (90 CAL) **contains: wheat, soy, sesame, milk** and butter (25 CAL) **contains: milk**

SALAD choice of one:

Sugar Snap Pea and Maplebrook Farm Feta Salad (170 CAL)
Greens, mushrooms, tomatoes, carrots, pine nuts, and lemon balsamic vinaigrette
contains: milk, tree nuts

Asparagus, Beet and Vermont Creamery Chevre Salad (100 CAL)
with grapefruit dressing and herbs
contains: milk

PROTEIN choice of two:

BBQ Gochujang Vermont Soy Tofu (270 CAL)
with FinAllie Ferments black garlic kimchi
contains: soy, sesame

Roasted Herb Chicken Thighs (240 CAL)
with a Sidehill apricot mustard glaze

Beef Ragu (350 CAL)
with Maplebrook Farm ricotta Vermont Farms ground beef, onions, carrots, celery, mushrooms, tomatoes, peas
contains: milk

STARCH choice of one:

5 Generations Creamery Cheddar Mac n Cheese with VT Farmstead Brie (450 CAL)
contains: wheat, milk

Smashed Red Bliss Potatoes and Crispy Crushed Vermont Bean Crafters Black Bean Burger (250 CAL)
contains: soy

VEGETABLE choice of one:

Broccoli with Herb Pesto (80 CAL)
Balsamic Rainbow Swiss Chard (90 CAL)

DESSERT choice of one:

Sidehill Raspberry Maplebrook Farm Ricotta Cake (300 CAL)
contains: milk, eggs, wheat
Sidehill Apricot Blackberry Tart (250 CAL)
contains: milk, eggs, wheat

SEASONAL INFUSED WATER (0 CAL)
Lemon Kiwi and Mint

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.