



# Spring Buffet Menu

## University of Vermont

**\$37.49 per person**

*UVM partners will receive a 20% discount on their food and non-alcoholic beverage selections.*

The spring Limited Time Offer buffet is served with dinner rolls (90 CAL) **contains: wheat, soy, sesame, milk** and butter (25 CAL) **contains: milk**

### **SALAD** *choice of one:*

Sugar Snap Pea and Maplebrook Farm Feta Salad (170 CAL)  
*Greens, mushrooms, tomatoes, carrots, pine nuts, and lemon balsamic vinaigrette*  
**contains: milk, tree nuts**

Asparagus, Beet and Vermont Creamery Chevre Salad (100 CAL)  
*with grapefruit dressing and herbs*  
**contains: milk**

### **PROTEIN** *choice of two:*

BBQ Gochujang Vermont Soy Tofu (270 CAL)  
*with FinAllie Ferments black garlic kimchi*  
**contains: soy, sesame**

Roasted Herb Chicken Thighs (240 CAL)  
*with a Sidehill apricot mustard glaze*

Beef Ragu (350 CAL)  
*with Maplebrook Farm ricotta Vermont Farms ground beef, onions, carrots, celery, mushrooms, tomatoes, peas*  
**contains: milk**

### **STARCH** *choice of one:*

5 Generations Creamery Cheddar Mac n Cheese with VT Farmstead Brie (450 CAL)  
**contains: wheat, milk**

Smashed Red Bliss Potatoes and Crispy Crushed Vermont Bean Crafters  
Black Bean Burger (250 CAL)  
**contains: soy**

### **VEGETABLE** *choice of one:*

Broccoli with Herb Pesto (80 CAL)

Balsamic Rainbow Swiss Chard (90 CAL)

### **DESSERT** *choice of one:*

Sidehill Raspberry Maplebrook Farm Ricotta Cake (300 CAL)  
**contains: milk, eggs, wheat**

Sidehill Apricot Blackberry Tart (250 CAL)  
**contains: milk, eggs, wheat**

### **SEASONAL INFUSED WATER** (0 CAL)

Lemon Kiwi and Mint

*2,000 calories a day is used for general nutrition advice, but calorie needs vary.*

*Additional nutrition information available upon request.*