



Spring Buffet Menu

University of Vermont

\$29.99 per person

The spring Limited Time Offer buffet is served with dinner rolls (90 CAL) **contains: wheat, soy, sesame, milk** and butter (25 CAL) **contains: milk**

SALAD *choice of one:*

Sugar Snap Pea and Maplebrook Farm Feta Salad (170 CAL)
Greens, mushrooms, tomatoes, carrots, pine nuts, and lemon balsamic vinaigrette
contains: milk, tree nuts

Asparagus, Beet and Vermont Creamery Chevre Salad (100 CAL)
with grapefruit dressing and herbs
contains: milk

PROTEIN *choice of two:*

BBQ Gochujang Vermont Soy Tofu (270 CAL)
with FinAllie Ferments black garlic kimchi
contains: soy, sesame

Roasted Herb Chicken Thighs (240 CAL)
with a Sidehill apricot mustard glaze

Beef Ragu (350 CAL)
with Maplebrook Farm ricotta Vermont Farms ground beef, onions, carrots, celery, mushrooms, tomatoes, peas
contains: milk



STARCH *choice of one:*

5 Generations Creamery Cheddar Mac n Cheese with VT Farmstead Brie (450 CAL)
contains: wheat, milk

Smashed Red Bliss Potatoes and Crispy Crushed Vermont Bean Crafters
Black Bean Burger (250 CAL)
contains: soy

VEGETABLE *choice of one:*

Broccoli with Herb Pesto (80 CAL)

Balsamic Rainbow Swiss Chard (90 CAL)

DESSERT *choice of one:*

Sidehill Raspberry Maplebrook Farm Ricotta Cake (300 CAL)
contains: milk, eggs, wheat

Sidehill Apricot Blackberry Tart (250 CAL)
contains: milk, eggs, wheat

SEASONAL INFUSED WATER (0 CAL)

Lemon Kiwi and Mint

*2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.*

