

SPICE *market*





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sodexo
QUALITY OF LIFE SERVICES

MAIN DISH

 Curried Tofu	\$10.99
 Tandoori Chicken	\$11.99
Curried Beef	\$12.99

PICK 1 SAUCE

 Curry	250 cal
Northwestern Indian style creamy tomato onion sauce	
 Vindaloo	200
A popular, heavily spiced sauce	
 Tikka Masala	270
A subtly spiced tomato cream sauce	

VEGETABLES

 Roasted Sweet Potato
 Roasted Cauliflower
 Curried Eggplant & Garbanzo Beans

ACCOMPANIED WITH cal

 Pulao Rice	110
Basmati rice simmered with cinnamon, cumin and cloves	
 Basmati Rice	110

 Naan	150
 Tomato Chutney	30
 Tamarind Chutney	60
 Mango Chutney	40

Vegan  Vegetarian  Halal  Mindful 

2000 calories a day is used for a general nutrition advice but calorie needs vary. Additional nutrition information available upon request.

CHOOSE BASE

	CALORIES
BURRITO (WHITE OR WHEAT)	310/290
3 SOFT TACOS (WHITE OR WHEAT)	270
3 CRUNCHY CORN TACOS	120
RICE BOWL	180
GREEN SALAD	90
QUESADILLA (WHITE OR WHEAT)	310/290
HOUSEMADE NACHOS	140

2000 CALORIES A DAY IS USED FOR GENERAL NUTRITION
ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION
INFORMATION AVAILABLE UPON REQUEST.

SELECT PROTEIN

		CALORIES
	BEEF BARBACOA	\$10.99 60
	SHREDDED CHICKEN	\$9.69 60
	GRILLED CHICKEN	\$9.69 40
	GROUND BEEF	\$9.69 40
	BUFFALO CAULIFLOWER	\$9.49 90
	PLANT SHREDS	\$9.59 80

Vegan



Vegetarian



Halal



Mindful



TOP IT OFF

	CALORIES
 SALSA	10
 SALSA VERDE	10
 AVOCADO LIME CREMA	65
 PICO DE GALLO	5
 DICED ONIONS	10
 JALAPENO	5
 LIME RANCH DRESSING	150
 CILANTRO	5
 CHEDDAR JACK	110-230
 DICED TOMATOES	5
 SHREDDED LETTUCE	5
 CHIPOTLE SOUR CREAM	30

EXTRAS

	CALORIES
 GUACAMOLE	\$2.75 20
DOUBLE PROTEIN	\$4.49 40-90
FRIED TACO BOWL	\$1.99 325

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