

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Buttermilk Pancakes Sausage Links Hash Brown Patty Assorted Pop Tarts Pineapple	2 Breakfast Pizza Grits Hard Boiled Eggs Assorted Pop Tarts Applesauce	3 Cheese Omelet Bacon American Fries Cinnamon Roll Assorted Pop Tarts Fresh Grapes	4 Chicken and Waffles Grits Assorted Pop Tarts Pears
7 HAPPY LABOR DAY	8 Sausage, Egg and Cheese Waffle Sandwich Cheesy Grits Assorted Muffins Pineapple	9 French Toast Sticks Bacon Tater Tots Fruit & Yogurt Parfaits Assorted Muffins Applesauce	10 Canadian Bacon, Egg & Cheese Biscuit Sandwich Hash Brown Patty Assorted Muffins Fresh Grapes	11 Homemade Breakfast Burritos Grits Assorted Muffins Pears
14 Homestyle Scrambled Eggs Bacon Grits Assorted Danish Peaches	15 Buttermilk Pancakes Sausage Patty Hash Brown Patty Assorted Danish Pineapple	16 Chicken Biscuit with Homemade Hot Honey Cheesy Grits Assorted Danish Cinnamon Apples	17 Housemade Cheesy Egg Bites American Fries Buttermilk Biscuits Assorted Danish Fresh Grapes	18 Southern Biscuits & Sausage Gravy Sausage Patty Grits Assorted Danish Pears
21 Homestyle Scrambled Eggs Bacon Grits English Muffin or Bagel with Cream Cheese Peaches	22 Breakfast Casserole Tater Tots TJ's Strawberry Tacos English Muffin or Bagel with Cream Cheese Pineapple	23 Dutch Waffles Cheesy Grits Hard-Boiled Eggs English Muffin or Bagel with Cream Cheese Cinnamon Apples	24 Bacon, Egg and Cheese Biscuit Hash Brown Patty Fruit & Yogurt Parfaits English Muffin or Bagel with Cream Cheese Fresh Grapes	25 Chicken and Waffles Grits English Muffin or Bagel with Cream Cheese Pears
28 Homestyle Scrambled Eggs Bacon Grits Assorted Pop Tarts Peaches	29 Buttermilk Pancakes Sausage Links Hash Brown Patty Assorted Pop Tarts Pineapple	30 Breakfast Pizza Grits Hard Boiled Eggs Assorted Pop Tarts Applesauce		
Breakfast includes: Choice of Entrée, Assorted Cereal, or Yogurt with Graham Crackers. Entrees served with a variety of fresh fruit options, 100% fruit juices, and choice of milk			Whole Grain & Reduced Sugar Cereal Options Include: Cinnamon Toast Crunch, Frosted Flakes, Honey-Nut Cheerios, Trix, Fruit Loops & Cocoa Puffs.	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 General Tso's Chicken Fried Rice Egg Roll Asian Vegetable Blend Grilled Cheese Chicken Wrap Mandarin Oranges	2 Beef Pot Roast with Carrots Chicken Dippers Rice and Gravy Boiled Cabbage Ham and Swiss on Rye Bread Peaches	3 Fried Chicken Mashed Potatoes and Gravy Green Beans Yeast Roll Pimento Cheese on White Bread Pineapple	4 Pulled Pork Corn Dogs Potato Wedges Baked Beans American Sub Tropical Fruit Mix
7 HAPPY LABOR DAY	8 Taco Tuesday Tinga Chicken Tacos★ Cilantro Lime Rice★ Refried Beans Salami and Provolone on Sourdough Bread Mandarin Oranges	9 BBQ Pork Chops Wings and Things★ Macaroni and Cheese Green Beans Buffalo Chicken Wrap Peaches	10 Swedish Meatballs White Rice with Brown Gravy Mini Corn Dogs Peas and Carrots BLT on Sourdough Bread Pineapple	11 Pizza Day!! Specialty Pizzas★ Cheesy Breadstick Carrots and Ranch Spicy Italian Wrap Tropical Fruit Mix
14 Ramen Bowls Greek Chicken Whole Baby Carrots Austin's Turkey Ranch Wrap Mixed Fruit	15 Jamaican Jerk Chicken Leg★ Cheese Ravioli★ Rice and Gravy Asparagus Grilled Chicken Wrap Mandarin Oranges	16 Bite Science Popup Golden Dragon Orange Chicken Stir Fry ★ French Dip Fried Rice★Egg Rolls Broccoli Ham and Swiss on Rye Bread Peaches	17 Meatball Subs★ Chicken Tortilla Soup★ Potato Wedges★ Spinach Au Gratin★ Mozzarella Triangle★ Pimento Cheese Sandwich★ Pineapple	18 Crispy Fish & Chips Sloppy Joes Mixed Vegetables American Sub Tropical Fruit Mix
21 Bacon Cheeseburgers Bologna and Cheese Sandwich Crinkle Cut Fries Green Beans Turkey Bacon Sliders Mixed Fruit	22 Taco Tuesday Al Pastor Tacos★ Beef Tacos★ Mexican Street Corn with Salsa, Sour Cream,★ Lettuce, Cheese Salami and Provolone on Sourdough Bread Mandarin Oranges	23 Nashville Hot Chicken Sandwich★ Mini Corn Dogs Potato Wedges Corn on the cob Buffalo Chicken Wrap Peaches	24 Homestyle Chicken★ Noodle Soup★ Dominic's Lunchbox Pizza★ Potato Wedges★ Squash Medley BLT on Sourdough Bread Pineapple	25 Chicken Parmesan Penne Pasta with Marinara★ Pepperoni Pizza Pockets★ Mixed Vegetables★ Spicy Italian Wrap Tropical Fruit Mix
28 Baked Ziti with Garlic Bread Fish Nuggets Crinkle Cut Carrots Turkey and Cheddar on Wheatberry Bread Mixed Fruit	29 General Tso's Chicken Fried Rice Egg Roll Asian Vegetable Blend Grilled Cheese Chicken Wrap Mandarin Oranges	30 Beef Pot Roast with Carrots Chicken Dippers Rice and Gravy Boiled Cabbage Ham and Swiss on Rye Bread Peaches	Salad Bar Options: Rotating Greens: Iceberg, Romaine, Spring Mix Carrots Celery Bell Peppers Roasted Red Peppers Cherry Tomatoes Garbanzo or Black Beans Shredded Cheddar Cheese Cole Slaw or Pasta Salad Crisp & Crunch: Croutons, Sunflower Seeds, Walnuts, Craisins, or Bacon Bits Salad Dressings Ranch, Thousand Island, Italian, Blue Cheese, Caesar, Balsamic Vinaigrette	
Lunch Includes: Choice of daily scratch made entrees, rotating favorites, or Peanut Butter and Jelly. Variety of fresh fruits & vegetables, 100% fruit juice, and choice of milk				
★NEW RECIPE OR MENU ITEM				



South Carolina School for the Deaf & the Blind

SEPTEMBER Dinner Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Sunday
	1 Mac & Cheese Bar ★ Loaded BBQ Chicken ★ Loaded Pulled Pork Garlic Bread Green Beans Tossed Salad Fruit Cobbler	2 Chicken Drumstick Rice Pilaf Green Peas Tossed Salad Cupcakes	3 Hot Dogs with Chili Tater Tots Baked Beans Tossed Salad Frosted Brownie	6
7 Chicken Enchilada ★ Casserole Black Beans Mexican Rice Ice Cream	8 Salisbury Steak ★ Hashbrown Casserole ★ Crinkle Cut Carrots Tossed Salad Fruit Cobbler	9 Sweet and Sour Chicken White Rice Egg Roll Asian Vegetables Tossed Salad Cupcakes	10 Chicken Parmesan Penne Pasta Italian Green Beans Tossed Salad Frosted Brownie	13 Beef and Broccoli ★ White Rice Egg Rolls Peas and Carrots Fresh Baked Cookie
14 Corn Dogs Baked Beans Corn on the cob Tossed Salad Ice Cream	15 Fresh Baked Lasagna ★ Garlic Bread Squash Medley Tossed Salad Fruit Cobbler	16 Hot Ham and Cheese Potato Wedges Mixed Vegetables Tossed Salad Cupcakes	17 Nacho Bar Tortilla Chips Taco Beef, Queso, Lettuce, Tomato, Sour Cream and Salsa Spanish Rice Tossed Salad Frosted Brownie	20 Chicken Pot Pie ★ Rice with Gravy Pears Fresh Baked Cookie
21 Spaghetti and Meat Sauce Garlic Breadstick Broccoli Tossed Salad Ice Cream	22 Beef Stew ★ Rice & Gravy Biscuit Peas and Carrots Tossed Salad Fruit Cobbler	23 BBQ Chicken Macaroni and Cheese ★ Mixed Vegetables Tossed Salad Cupcakes	24 Pizza Day!! Rotating Specialty Pizzas ★ Garlic Breadstick Tossed Salad Frosted Brownie	27 Beef Stroganoff ★ Egg Noodles Green Beans Fresh Baked Cookie
28 Hamburgers Tater Tots Baked Beans Tossed Salad Ice Cream	29 Mac & Cheese Bar ★ Loaded BBQ Chicken Loaded Pulled Pork Garlic Bread Green Beans Tossed Salad Fruit Cobbler	30 Chicken Drumstick Rice Pilaf Green Peas Tossed Salad Cupcakes	Dinner Includes Choice of Entrées listed or PB&J served with a variety of fresh fruit & vegetable options, 100% fruit juices, and choice of milk	

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