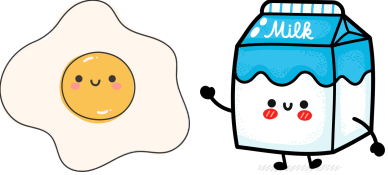
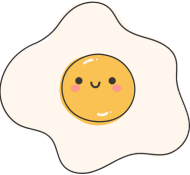
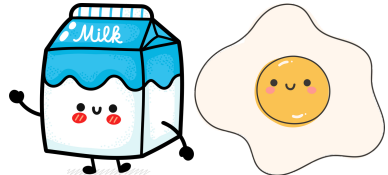
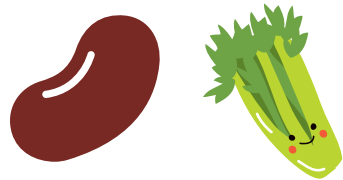
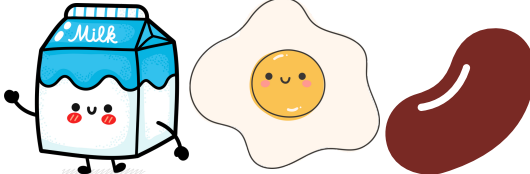
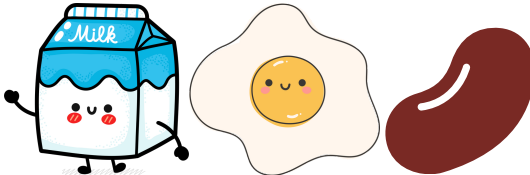


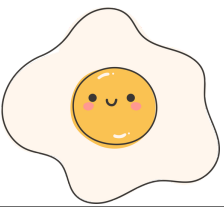
GREEN FARM SALADS SELECTIONS

Salad Bar Dressings												
Items	Allergens (See below)	Approximate Size	Serving weight	Calories	Protein (g)	Fat (g)	Sat. Fat (g)	Trans fat (g)	Chol (mg)	Carbs (g)	Sodium (mg)	Fiber (g)
Creamy Caesar			2T	130	2	13	2.5	0	15	2	330	0
Honey Mustard			2T	110	0	8	1	0	*	9	270	0
Blue Cheese			2T	130	*	14	2.5	0	15	1	280	0
Creamy French			2T	130	0	12	1.5	0	0	6	270	0
Buttermilk Ranch			2T	150	0	16	2.5	0	10	2	280	0
Creamy Ranch			2T	160	0	17	2.5	0	10	1	250	0
Italian, Fat Free			2T	20	0	0	0	0	0	4	380	0
Oil, Canola +Olive			2T	255	0	28	3	0	0	0	0	0
Vinegar, Balsamic			2T	28	0	0	0	0	0	5	7	0
Vinegar, Red Wine			2T	6	0	0	0	0	0	0	2	0

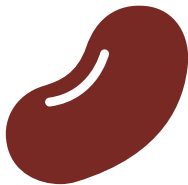
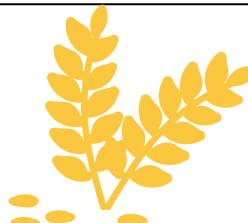
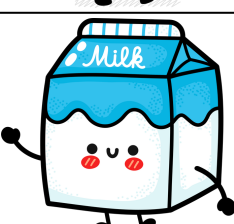
GREEN FARM SALADS SELECTIONS

Salad Bar Items												
Items	Allergens (See below)	Approximate Size	Serving weight	Calories	Protein (g)	Fat (g)	Sat. Fat (g)	Trans fat (g)	Chol (mg)	Carbs (g)	Sodium (mg)	Fiber (g)
Bacon, Crumbled		1.5 slices	0.5oz	77	6	6	2	*	16	0	328	0
Garbanzo Beans		3 Tbsp	1oz	34	1	0	0	0	0	6	85	1
Beets		⅓ cup	1oz	12	0	0	0	0	0	3	22	<1
Broccoli		3 Tbsp	0.5oz	4	0	0	0	0	0	<1	4	<1
Carrots		2 Tbsp	0.5oz	6	0	0	0	0	0	2	10	<1
Cauliflower		¼ cup	1oz	7	1	0	0	0	0	2	9	<1
Cheese, Cheddar		1 Tbsp	0.25oz	28	2	2	1	0	8	0	45	0
Cheese, Feta		3 Tbsp	1oz	70	4	6	3.5	0	15	1	350	0
Cheese, Grated Parmesan		2 tsp	-	20	2	1.5	1	0	5	0	75	0
Chicken Breast, Grilled		-	1oz	47	9	1	0	*	25	0	20	0

GREEN FARM SALADS SELECTIONS

Salad Bar Items												
Items	Allergens (See below)	Approximate Size	Serving weight	Calories	Protein (g)	Fat (g)	Sat. Fat (g)	Trans fat (g)	Chol (mg)	Carbs (g)	Sodium (mg)	Fiber (g)
Cottage Cheese, 1%		2 Tbsp	1oz	20	4	0	0	0	1	1	115	0
Cucumbers		¼ cup	1oz	3	0	0	0	0	0	<1	1	0
Egg, Hard- cooked		3 Tbsp	1oz	44	4	3	1	0	120	<1	35	0
Lettuce, Mixed Greens		¾ cup	1oz	4	0	0	0	0	0	<1	1	<1
Lettuce, Romaine		½ cup	1oz	5	0	0	0	0	0	<1	2	<1
Lettuce, Spinach		1 cup	1oz	7	1	0	0	0	0	1	22	<1
Mushrooms		3 Tbsp	0.5oz	3	0	0	0	0	0	0	0	<1
Olives, Black		7 olives	1oz	33	0	3	0	0	0	2	247	<1
Onions, Red		2 Tbsp	0.5oz	6	0	0	0	0	0	2	0	<1
Pepperoncini		3 Tbsp	1oz	6	0	0	0	0	0	1	113	<1

GREEN FARM SALADS SELECTIONS

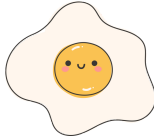
Salad Bar Items												
Items	Allergens (See below)	Approximate Size	Serving weight	Calories	Protein (g)	Fat (g)	Sat. Fat (g)	Trans fat (g)	Chol (mg)	Carbs (g)	Sodium (mg)	Fiber (g)
Peppers, Sweet Bell		2.5 Tbsp	0.5oz	4	0	0	0	0	0	1	0	<1
Radishes		2.5 Tbsp	0.5oz	3	0	0	0	0	0	0	6	<1
Tofu, Plain		2 Tbsp	1oz	22	2	1	0	*	0	<1	2	0
Tomatoes		2 Tbsp	0.5oz	3	0	0	0	0	0	<1	<1	<1
Croutons	 	2Tbsp	7g	30	1	1	0	0	0	5	85	0
Yogurt, Greek		3/4 Cup	6oz	90	16	0	0	0	10	6	65	0
Yogurt, Vanilla		2/3 Cup	5.3oz	100	3	0	0	0	5	20	50	0
Yogurt, Strawberry		2/3 Cup	5.3oz	130	5	1	0	0	5	25	90	0

*Missing, incomplete, or
unavailable data
Items subject to change.

Allergens

Pork

Soy

Egg

Fish

Milk

Wheat

Nuts

Peanuts

Celery

Crustaceans