

Sodexo Food Label Icons



Vegetarian: Dishes that do not contain meat or fish but may, or may not, contain dairy, eggs, and/or honey.



Plant-Based: Plant-based meals only use ingredients from plants such as: fruits, vegetables, whole grains, legumes and nuts. They may also include honey and sugar.



Vegan: Dishes that do not contain any ingredients that came from animals.



Mindful: Meets Sodexo Mindful Nutritional Criteria
[Mindful.Sodexo.com](https://www.mindful.sodexo.com)

