

NOVEMBER Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Scrambled Eggs Grits Bacon Peaches Assorted Muffins	4 Sausage, Egg and Cheese Croissant Oatmeal Pineapple Assorted Muffins	5 Steak Biscuit Cheesy Grits Cinnamon Apples Assorted Muffins	6 French Toast Sticks Bacon Hash Brown Patty Yogurt Parfaits Grapes Assorted Muffins	7 Sausage Gravy Biscuit Sausage Patty Grits Pears Assorted Muffins
10 Scrambled Eggs Grits Bacon Peaches Danish	11 Buttermilk Pancakes Sausage Patty Hash Brown Patty Pineapple Danish	12 Chicken Biscuit Cheesy Grits Applesauce Danish	13 Cheese Omelet Cinnamon Roll Sausage Link American Fries Grapes Danish	14 Chicken and Waffle Sticks Grits Pears Danish
17 Scrambled Eggs Grits Bacon Peaches English Muffins or Bagels	18 Breakfast Casserole Tater Tots Grits Pineapple English Muffins or Bagels	19 Funnel Cake Waffles Oatmeal Sausage Links Cinnamon Apples English Muffins or Bagels	20 Bacon, Egg and Cheese Biscuit American Fries Yogurt Parfaits Grapes English Muffins or Bagels	21 Sausage Gravy Biscuit Sausage Patty Grits Pears English Muffins or Bagels
24 Thanksgiving Break	25 Thanksgiving Break	26 Thanksgiving Break	27 Thanksgiving Break	28 Thanksgiving Break

Milk, Juice, Whole Fruit, Assorted Cereal, Assorted Yogurt and Graham Crackers are available at all breakfast meals.

NOVEMBER Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Fried Steak Mashed Potatoes and Gravy Bologna and Cheese Spinach Dinner Roll Spicy Italian Wrap Mixed Fruit	4 Jamaican Jerk Chicken Chicken Dippers White Rice Squash Medley Turkey Bacon Sliders Mandarin Oranges	5 Beef Pot Roast with Roasted Carrots Chicken Drumsticks Rice and Gravy Boiled Cabbage Cornbread Chicken Salad Croissant Peaches	6 Swedish Meatballs Buttered Noodles Mini Corn Dogs Asparagus Buffalo Chicken Wrap Pineapple	7 Pizza Day !! Cheesy Breadstick with Marinara Mixed Vegetables Salami and Provolone on Sourdough Bread Tropical Fruit Mix
10 Orange Chicken Baked Tilapia Fried Rice Egg Rolls Broccoli Turkey and Cheddar on Wheatberry Bread Mixed Fruit	11 Salisbury Steak Greek Chicken Rice and Gravy Mixed Vegetables Pimento Cheese on White Bread Mandarin Oranges	12 Cheese Ravioli Philly Cheese Steak Crinkle Cut Fries Carrots BLT on Sourdough Bread Peaches	13 Meatloaf Popcorn Chicken Mashed Potatoes and Gravy Turnip Greens American Sub Pineapple	14 Fish & Chips Potato Wedges Sloppy Joes Green Peas Ham and Swiss on Mable Rye Bread Applesauce
17 Bacon Cheeseburgers Hot Ham and Cheese Sandwich Crinkle Cut Fries Green Beans Spicy Italian Wrap Mixed Fruit	18 Taco Tuesday! Beef Tacos or Chicken Enchiladas Spanish Rice Refried Beans with Salsa, Sour Cream, Lettuce, Cheese Turkey Bacon Sliders Mandarin Oranges	19 Southern Style Buffalo Chicken Sandwich Mini Corn Dogs Waffle Fries Corn on the Cob Chicken Salad Croissant Peaches	20 Thanksgiving Dinner Roasted Turkey Mashed Potatoes and gravy Cornbread Dressing Green Beans Cranberry Sauce Dinner Roll Assorted Pie	21 Cheeseburger Mac Chicken Dippers Green Beans Potato Wedges Salami and Provolone on Sourdough Bread Tropical Fruit Mix
24 Thanksgiving Break	25 Thanksgiving Break	26 Thanksgiving Break	27 Thanksgiving Break	28 Thanksgiving Break

Milk, Juice, Whole Fruit, Assorted Cereal, Assorted Yogurt and Graham Crackers are available at all lunch meals.

NOVEMBER Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Sunday
				2 Baked Spaghetti Broccoli Pears Fresh Baked Cookie
3 Chicken Alfredo over Fettuccini Cauliflower Garlic Breadstick Tossed Salad Ice Cream	4 Lasagna Garlic Bread Squash Medley Tossed Salad Fruit Cobbler	5 Hot Ham and Cheese Sandwich Potato Wedges Mixed Vegetables Tossed Salad Cupcakes	6 Chicken Parmesan Penne Pasta Italian Green Beans Tossed Salad Frosted Brownie	9 Meatloaf Mashed Potatoes with Gravy Corn Pears Fresh Baked Cookie
10 Corn Dogs French Fries Corn on the cobb Tossed Salad Ice Cream	11 Beans and Franks White Rice Crinkle Cut Carrots Tossed Salad Fruit Cobbler	12 Sweet and Sour Chicken White Rice Egg Roll Asian Vegetables Tossed Salad Cupcakes	13 Nacho Bar Tortilla Chips Ground Beef, Queso, Lettuce, Tomato, Sour Cream and Salsa Tossed Salad Frosted Brownie	16 Chicken Pot Pie Rice with Gravy Mandarin Oranges Fresh Baked Cookie
17 Spaghetti and Meat sauce Garlic Breadstick Broccoli Tossed Salad Ice Cream	18 Beef Stew Rice & Gravy Biscuit Peas and Carrots Tossed Salad Fruit Cobbler	19 BBQ Chicken Legs Macaroni and Cheese Mixed Vegetables Tossed Salad Cupcakes	20 Pizza Garlic Breadstick Tossed Salad Frosted Brownie	23 Thanksgiving Break
24 Thanksgiving Break	25 Thanksgiving Break	26 Thanksgiving Break	27 Thanksgiving Break	30 Beef Stroganoff Egg Noodles Green Beans Fresh Baked Cookie