



- White
- 21 Grain
- Wheat
- Seeded Rye

SIGNATURE SANDWICHES

The Harpur College 730 cal | \$9.09

FireSmith Grilled Chicken Breast, Fresh Mozzarella, Tomato Pesto Mayo, Balsamic Glaze
Allergens: milk, egg, wheat, soy, gluten.

The Rock Street 840 cal | \$9.19

Cracked Peppermill Turkey, Bacon, Pepperjack, Avocado, Pepperhouse Gourmaise
Allergens: milk, egg, wheat, soy, gluten.

The Avocado Caprese 830 cal | \$7.49

Fresh Mozzarella, Avocado, Pesto, Balsamic Glaze, Arugula & Tomato
Allergens: milk, egg, wheat, soy, gluten.

The DiMaggio 700 cal | \$8.59

Prosciutto, Fresh Mozzarella, Pesto Mayo, Roasted Red Peppers, Arugula
Allergens: milk, egg, wheat, soy, gluten.

The Calabrian 1020 cal | \$8.99

Imported Italian Ham, Mortadella, Prosciutto, Asiago, Calabrian Chili Aioli, Arugula
Allergens: milk, egg, wheat, soy, gluten.

The Buffalo 840 cal | \$9.39

Blazing Buffalo Chicken, Pepperjack, Jalapeno Sauce, Pickles, Crispy Onions, Romaine
Allergens: milk, egg, wheat, soy, gluten.

The Cransational 630 cal | \$7.49

FireSmith Grilled Chicken Salad, Celery, Dried Cranberries, Romaine
Allergens: egg, wheat, soy, gluten.

Build Your Own 240 – 1350 cal | \$9.19

Allergens will vary





SIGNATURE SALADS

Add Protein to any Salad for \$3.19

Greek Salad 340 cal | \$5.09

Romaine, Feta, Tomatoes, Cucumber, Onion, Olives, Chickpeas

Allergens: milk

Roasted Turkey & Hummus Bowl 700 cal | \$8.99

Mixed Greens, Ovenroasted Turkey, Feta, Red Quinoa, Dried Cranberries, Apples

Allergens: milk, sesame

Transitional Chicken Salad 520 cal | \$7.99

Mixed Greens, EverRoast Chicken Salad, Cucumbers, Red Onion, Raisins

Allergens: egg, soy

Orzo Caprese Salad 570 cal | \$6.99

Orzo, Fresh Mozzarella, Cherry Tomatoes, Cucumbers, Roasted Red Peppers, Arugula, Basil, Red Wine Vinaigrette

Allergens: milk, wheat, gluten

Peppermill Cobb Salad 400 cal | \$8.99

Romaine, Bleu Cheese, Crumbled Bacon, Hard Boiled Egg, Avocado, Tomato

Allergens: milk, egg

Caesar Salad 230 cal | \$4.19

Romaine, Pecorino Romano, Pita Crisps

Allergens: milk, wheat, gluten

Build Your Own 70 – 800 cal | \$8.99

Allergens will vary