



SIGNATURE PITAS

HARISSA STEAK & FETA PITA \$14.99

Warm pita, red pepper hummus, feisty feta, seared steak, picked onion, romaine, yogurt sauce with harissa vinaigrette.

Contains: Milk, Wheat, Soy, Gluten, Sesame

CAL 778

CRISP FALAFEL & HUMMUS PITA \$11.75

Warm pita, crispy falafel, pickles, baba ghanoush, hummus, cabbage slaw, cucumber salad, skhug and garlic white sauce.

Contains: Milk, Eggs, Wheat, Soy, Sesame

CAL 743

SPICY HARISSA CHICKEN PITA \$11.99

Warm pita, charred harissa chicken, feisty feta, hummus roasted corn, pickled onions, avocado and harissa vinaigrette.

Contains: Milk, Wheat, Soy, Gluten, Sesame

CAL 775

MEDITERRANEAN HARISSA CHICKEN PITA \$11.99

Warm pita, tzatziki, baba ghanoush, charred cumin & coriander chicken, pickles, feta and garlic white sauce

Contains: Milk, Eggs, Wheat, Soy, Gluten, Sesame

CAL 740

GARLIC CHICKEN & ROASTED VEG PITA

Warm pita, charred cumin and coriander chicken, roasted veggies, tzatziki, tomato-cucumber salad, feta and garlic sauce.

Contains: Milk, Eggs, Wheat, Soy, Gluten

CAL 562

\$11.99



SIDES



MEDITERRANEAN PITA CHIPS \$2.75

Contains: Wheat, Gluten
CAL 392

PITA WRAP \$2.49

Contains: Wheat, Gluten
CAL 238

SHAWARMA SPICED FRENCH FRIES \$3.99

Contains: Wheat, Gluten
CAL 103

BABA GHANOUSH \$3.65

Contains: Sesame
CAL 34

TZATZIKI SAUCE \$3.45

Contains: Milk, Soy
CAL 58

HUMMUS \$3.45

Contains: Soy, Sesame
CAL 224

RED PEPPER HUMMUS \$3.45

Contains: Sesame
CAL 224

FEISTY FETA SPREAD \$3.45

Contains: milk
CAL 228

SIGNATURE BOWLS

SPICY FETA & HARISSA BEEF MEATBALL BOWL \$12.99

Brown rice bowl with baby arugula, red pepper hummus, cabbage slaw, and spicy beef meatballs with harissa vinaigrette

Contains: Milk, Wheat, Soy, Gluten, Sesame
CAL 594

FALAFEL PITA CRUNCH POWER BOWL \$11.99

Basmati rice and black lentil bowl with hummus, feisty feta and crispy falafel with four pepper cilantro sauce

Contains: Milk, Wheat, Soy, Gluten, Sesame
CAL 825

CUMIN & CORIANDER CHICKEN BROWN RICE BOWL \$12.99

Brown rice bowl with romaine, tzatziki, red pepper hummus and charred chicken with feta and Greek vinaigrette

Contains: Milk, Soy, Sesame
CAL 655



HARISSA CHICKEN & AVOCADO BOWL \$12.99

Basmati rice bowl with power greens, hummus, feisty feta, Harissa chicken, roasted corn, avocado with fiery vinaigrette

Contains: Milk, Eggs, Soy, Sesame
CAL 678

GREEK CHICKEN SALAD BOWL \$12.99

Romaine and baby arugula with hummus, tzatziki, feta, kalamata olives, tomato, seared chicken with Greek vinaigrette

Contains: Milk, Wheat, Soy, Gluten, Sesame
CAL 472

SPICY MEATBALL & TAHINI AVOCADO BOWL \$12.99

Black lentils with power greens, tzatziki, red pepper hummus, spicy beef meatballs, corn and avocado with golden tahini

Contains: Milk, Wheat, Soy, Gluten, Sesame
CAL 612

BTO

BUILD TO ORDER

BUILT TO ORDER GREENS AND GRAINS BOWL

Includes your choice of one main, one dressing, and up to five toppings.

\$12.99

BUILT TO ORDER SALAD BOWL

Includes your choice of one main, one dressing, and up to five toppings.

\$12.99

BUILT TO ORDER GREENS BOWL

Includes your choice of one main, one dressing, and up to five toppings.

\$12.99

BUILT TO ORDER PITA

Includes one main, one dressing, and up to five toppings.

\$11.99

MAINS

GRILLED SHAWARMA HALAL CHICKEN

CAL 158

HONEY HARISSA HALAL CHICKEN

CAL 158

GRILLED MARINATED STEAK +\$3.49

CAL 228

ROASTED CAULIFLOWER CARROTS AND BROCCOLI

CAL 25

FALAFEL BALLS

CAL 214

SPICY MEATBALLS

Contains: Wheat, Gluten

CAL 118

DRESSINGS AND SAUCES

SIGNATURE WHITE SAUCE

Contains: Milk, Eggs

CAL 129

GREEK VINAIGRETTE

CAL 139

GOLDEN TUMERIC TAHINI

Contains: Sesame

CAL 80

TAHINI RANCH

Contains: Milk, Eggs, Soy, Sesame

CAL 141

FOUR PEPPER CILANTRO SAUCE

CAL 17

HARISSA HONEY VINAIGRETTE

CAL 124

YOGURT CUCUMBER DILL SAUCE

Contains: Milk, Soy

CAL 18

HARISSA

CAL 68



BTO

BUILD TO ORDER

GREENS

BABY ARUGULA

CAL 28

CHOPPED ROMAINE

CAL 29

POWER GREENS

CAL 19

GRAINS

BELUGA LENTILS

CAL 440

TURMERIC BASMATI PILAF

CAL 285

BROWN RICE

CAL 273

TOPPINGS

PICKLED ONIONS

CAL 10

FIRE ROASTED CORN

CAL 25

TOMATO, ONION & CUCUMBER SALAD

CAL 9

PICKLES

CAL 4

COLESLAW

Contains: Milk, Soy

CAL 10

FRESH AVOCADO

CAL 62

DIPS & SPREADS

TZATZIKI SAUCE \$3.45

Contains: Milk, Soy

CAL 19

HUMMUS \$3.45

Contains: Soy, Sesame

CAL 74

FEISTY FETA SPREAD \$3.45

Contains: milk

CAL 76

PITTED KALAMATA OLIVES

CAL 24

SHREDDED ICEBERG LETTUCE

CAL 2

CRUMBLLED FETA

Contains: Milk

CAL 43

TOMATO AND CUCUMBER

CAL 7

PITA STRIPS

Contains: Wheat, Gluten

CAL 37

SLICED ENGLISH CUCUMBERS

CAL 5



mediterranean
BOLD FLAVORS, FRESH CHOICES

DESSERTS

CHOCOLATE CHUNK MANIFESTO COOKIE

\$3.19

Contains: Wheat, Gluten, Milk, Eggs, Soy, Sesame
CAL 363

BAKLAVA

\$3.99

Contains: Milk, Wheat, Treenuts, Gluten
CAL 265

