



Layered Signatures - \$5.99

Carnival Parfait 270 Cal

Peanut butter overnight oats topped with popcorn and caramel sauce.

Miami Vice Parfait 250 Cal

Toasted coconut custard topped with Greek vanilla yogurt, strawberry puree, granola and pineapple.

Apple Pie Parfait 220 Cal

Greek yogurt layered with spiced apple compote, caramel sauce, granola and cashews.

Matcha Almond Berry Overnight Oats 180 Cal

Vanilla Greek yogurt, peaches, blackberries, strawberries, almond milk, oats, matcha green tea with almonds and toasted coconut.

Peaches & Cream Overnight Oats 170 Cal

Vanilla Greek yogurt, peaches, nonfat milk, oats with almonds and toasted coconut.

PB & J Indulgence Overnight Oats 250 Cal

Greek yogurt layered with spiced apple compote, caramel sauce, granola and cashews.



mindful



vegetarian



vegan



plant based

2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.



Build-Your-Own | \$5.99

Choose Up To 5 Toppings

BASE (CHOOSE ONE)

- Vanilla Greek Yogurt
- Overnight Oats

Additional Toppings | \$.99

TOPPINGS (CHOOSE ONE)

- Peanut butter
- Peaches
- Blackberries
- Strawberries
- Pineapple
- Toasted Coconut
- Granola
- Cashews
- Almonds

SAUCES (CHOOSE ONE)

- Popcorn Sauce
- Caramel Sauce
- Strawberry Puree
- Cardamom Compote
- Spiced Apple Compote

MILK/EXTRAS (CHOOSE ONE)

- Almond Milk
- Non Fat Milk
- Macha Green Tea



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