



# Soups of the Week

September 8<sup>th</sup> - September 12<sup>th</sup>

## Monday

Mediterranean Lentil – Light, spiced, satisfying.

Chicken & Dumplings – Creamy broth with fluffy dumplings.

Allergens: egg, milk, wheat, soy

## Tuesday

White Bean & Bok Choy with Meatballs – Savory beans, greens & meatballs.

New England Clam Chowder – Rich, creamy seafood staple.

Allergens: milk, shellfish, wheat, soy

## Wednesday

Tuscan Kale & Bean – Rustic greens & beans.

Allergens: milk

Chicken Tortilla – Smoky broth with a little spice.

Allergens: milk

## Thursday

Turkey & Rice – Simple, classic comfort.

Roasted Poblano Corn Chowder – Sweet corn, mild peppers.

Allergens: milk

## Friday

Savory Chicken Stew – Homestyle, hearty chicken stew.

Gumbo – Southern-style, rich & bold.

Allergens: wheat



# Lacava Cafe

## Soups of the Week

September 15<sup>th</sup> - September 19<sup>th</sup>

### Monday

Thai Chicken & Rice – Fragrant broth with coconut.

Allergens: fish

Miso Soup – Umami broth with seaweed & tofu.

Allergens: soy, fish

### Tuesday

3 Mushroom & Barley – Earthy mushrooms with hearty barley.

Allergens: wheat

Thai Pea Soup – Bright, spiced pea blend.

### Wednesday

Cabbage & White Bean – Light, rustic veggie blend.

Chicken Noodle – The ultimate comfort soup.

Allergens: egg, wheat

### Thursday

Beef Garden Vegetable Orzo – Savory broth with veggies & pasta.

Allergens: wheat

Butternut Squash Bisque – Creamy & slightly sweet.

Allergens: milk

### Friday

Lighthouse Clam Chowder – Creamy, New England classic.

Allergens: milk, shellfish

Hot & Sour Soup – Tangy, spiced Asian-inspired broth.

Allergens: soy, wheat, sesame

