

# Build-Your-Own Boar's Head Deli Sandwich

**\$8.39 | 320-1,430 cal**

## Meat:

Ham 90 cal  
Turkey 90 cal  
Chicken 130 cal  
Tuna Salad 220 cal  
*Contains eggs, fish, soy*  
Chicken Salad 380 cal  
*Contains eggs, soy*

## Extras:

Hummus **VG** \$1.69 | 70 cal  
*Contains soy, sesame*  
Avocado **VG** \$1.69 | 120 cal

## Cheese:

American **V** 110 cal  
*Contains milk, soy*  
Swiss **V** 110 cal  
*Contains milk*  
Cheddar **V** 110 cal  
*Contains milk*  
Mozzarella **V** 210 cal  
*Contains milk*  
Monterey Jack **V** 100 cal  
*Contains milk*

## Toppings:

Lettuce **VG** 10 cal  
Tomato **VG** 10 cal  
Onion **VG** 10 cal  
Pickles **VG** 0 cal

## Condiments:

Mayo **V** 200 cal  
*Contains eggs, soy*  
Mustard **VG** 0 cal  
Pesto **V** 120 cal  
*Contains milk*  
Italian Dressing **VG** 40 cal  
*Contains soy*  
Balsamic  
Vinaigrette **VG** 70 cal  
*Contains soy*

## Soups of the Day

Cup	\$3.19   70-370 cal
Bowl	\$4.39   140-740 cal