

Scrambled Eggs

180 cal | 4 OZ | \$0.78

HALAL

Light and fluffy scrambled eggs seasoned with salt and pepper

Allergens: egg, soy



Hash Brownd Diced Potatoes

80 cal | 4 OZ | \$0.79

HALAL

Roasted diced potatoes with salt free seasoning and pepper



Pork Sausage Links

200 cal | 2 EA | \$0.67

Scrambled Egg

100 cal | 2 OZ | \$1.78

HALAL

Scrambled Vegan Egg Substitute

Allergens: soy



Buttermilk Pancakes

230 cal | 2 EA | \$0.55

Allergens: egg, gluten, milk, soy, wheat



Bacon Slices

70 cal | 2 EA | \$0.60

Sloppy Joe Sandwich

310 cal | 1 EA | \$1.81

Allergens: fish, soy, wheat, gluten, sesame

Pesto Grilled Chicken

350 cal | 1 EA | \$0.92

Allergens: milk

Creamy Macaroni & Cheese

200 cal | 4 OZ | \$0.77

HALAL

Allergens: milk, wheat, gluten



Roasted Green Beans

45 cal | 4 OZ | \$0.67

HALAL



Jerk Tofu

190 cal | 4 OZ | \$0.87

HALAL

Allergens: soy, wheat, gluten



= Mindful = vegan = plant-based = vegetarian

Fried Chicken

790 cal | 1 EA | \$3.15

Allergens: milk, egg, wheat, gluten

Kalbi Beef

160 cal | 3 OZ | \$3.69

Allergens: soy, wheat, gluten, sesame

Jasmine Rice

140 cal | 4 OZ | \$0.15

HALAL



Curried Cauliflower

70 cal | 4 OZ | \$1.06



Ginger Miso Tofu

170 cal | 2 OZ | \$0.73

Allergens: soy, sesame



= vegan = plantbased = vegetarian

If you have food allergies or dietary requirements, please contact the manager on duty or one of our Registered Dietitians.

Pizza May 11

Cheese 

Allergens: milk, wheat, soy, gluten, sesame

\$1.10

Pepperoni

Allergens: milk, wheat, soy, gluten, sesame

\$1.23

Plant Based Pizza  

Allergens: wheat, soy, gluten, coconut, sesame

\$0.92

**Don't see this item available? Please ask your server!*



SLICES

Sizzle May 11

Hamburger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$2.99

Philly Cheesesteak

Allergens: milk, wheat, soy, gluten, sesame

\$4.45

Cheeseburger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$3.19

French Fries

Allergens: wheat, gluten

\$0.42

Bacon Cheeseburger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$4.14

Mozzarella Sticks

Allergens: milk, wheat, soy, gluten

\$3.01

Beyond Burger®

Allergens: wheat, coconut, soy, gluten, sesame

\$3.31

Hot Dog

Allergens: milk, wheat, soy, gluten, sesame

\$1.96

Black Bean Burger

Allergens: wheat, soy, gluten, sesame

\$2.53

Grilled Cheese Sandwich

Allergens: milk, wheat, soy, gluten, sesame

\$1.51

Turkey Burger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$2.09

Gluten-free bun

Allergens: egg

Garden Burger

Allergens: milk, wheat, soy, gluten, sesame

\$2.73

Chicken Tenders

\$3.38

HALAL

New England Clam Chowder

100 cal | 8 OZ | \$1.35

This rich and delicious chowder is made with diced white potatoes, fresh cream, clams and celery

Allergens: fish, gluten, milk, shellfish, soy, wheat

Chicken Noodle Soup

110 cal | 8 OZ | \$1.26

Allergens: egg, gluten, soy, wheat



Roasted Red Pepper & Gouda Bisque

280 cal | 8 OZ | \$2.12

A rich, velvety bisque of pureed roasted red bell peppers with smoked Gouda, sweet basil leaves, garlic and fresh cream

Allergens: gluten, milk, soy, wheat



Mindful



Vegan



Plant Based



Vegetarian