



HELEN ROBERTS
Faculty & Staff Restaurant
May 4 - 8, 2026



Open Monday - Friday | 11am - 3pm

Monday

Salad
 Garden
 Caesar

Soup du Jour
 Pasta Fagiole

Entrees
 Shrimp Scampi
 Chicken Marsala
 Vegetable Lasagna
 topped with Marinara

Sides
 Roasted Balsamic
 Vegetables
 Garlic Linguine

Dessert
 Tiramisu

Tuesday

Buffet Tuesday

Salad
 Garden

Entrees
 Pulled BBQ Chicken

BBQ Brisket
 Vegetable Lasagna

Sides
 Fried Okra
 Dirty Rice

Dessert
 Dessert du Jour

Wednesday

Salad
 Garden
 Caesar

Soup du Jour
 Spring Vegetable

Entrees
 Buttermilk Fried Chicken
 Meatloaf
 Vegan Fried with Gravy
 Cauliflower Mash

Sides
 Old Fashioned
 Mac & Cheese
 Collard Greens

Dessert
 Sweet Potato Pie

Thursday

Salad
 Garden
 Caesar

Soup du Jour
 Corn Chowder

Entrees
 Shrimp Fried Rice
 Beef Teriyaki
 Crispy Fried Tofu with
 Lo-Mein Noodles

Sides
 Stir Fry Veggies
 Basmati Rice

Dessert
 Dessert du Jour

Friday

Salad
 Garden
 Caesar

Soup du Jour
 Maryland Crab

Entrees
 Golden Fried Catfish
 Grilled Herb Chicken
 Red Beans & Rice

Sides
 Hushpuppies
 Seasoned Broccoli

Dessert
 Dessert du Jour

Join us on Tuesday for our Buffet Lunches at Helen Roberts
 Enjoy an all-you-care-to-eat experience every Tuesday for only \$16.95