



HELEN ROBERTS

Faculty & Staff Restaurant

March 9 - 13, 2026

Open Monday - Friday | 11am - 3pm



Monday

Salad

Garden

Caesar

Soup du Jour

Tomato Basil Soup

Entrees

Chicken Fettuccine
Alfredo

Beef Lasagna

Pasta Primavera with
Marinara Sauce

Sides

Roasted Balsamic
Vegetables

Sauteed Broccoli

Dessert

Tiramisu

Tuesday

Buffet Tuesday

Salad

Garden

Soup du Jour

Chicken Tortilla Soup

Entrees

Baja Shrimp Tacos

Ground Beef Tacos

Chipotle Vegan Tacos

Sides

Mexican Rice

Refried Pinto Beans

Sauteed Squash

Salsa and Sour Cream

Dessert

Dessert Du jour

Wednesday

Salad

Garden

Caesar

Soup du Jour

Broccoli Cheese

Entrees

Buttermilk Fried
Chicken

Salisbury Steak & Gravy

Sweet Potato Cous
Cous Bowl

Sides

Mac & Cheese

Collard Greens

Dessert

Sweet Potato Pie
Bread Pudding

Thursday

Salad

Garden

Caesar

Soup du Jour

Thai Chicken & Rice Soup

Entrees

Ginger Garlic Chicken

Teriyaki Grilled Salmon

Thai Chili Tofu Steak

Sides

Sesame Green Beans

Vegetable Fried Rice

Dessert

Dessert Du jour

Friday

Salad

Garden

Caesar

Soup du Jour

Lobster Bisque

Entrees

Golden Fried Catfish

Grilled Cajun Chicken

Red Beans & Rice

Sides

Corn

Glazed Carrots

Dessert

Dessert Du jour

Join us on Tuesday for our Buffet Lunch at Helen Roberts
Enjoy an all-you-care-to-eat experience every Tuesday for only \$16.95