



HELEN ROBERTS

Faculty & Staff Restaurant

March 30 - April 3, 2026

Open Monday - Friday | 11am - 3pm



Monday

Salad
Garden
Caesar

Soup du Jour
Pasta Fagiole

Entrees
Shrimp Scampi
Chicken Marsala
Vegetable Lasagna topped with Marinara

Sides
Roasted Balsamic Vegetables
Garlic Linguine

Dessert
Tiramisu

Tuesday

Buffet Tuesday

Salad
Garden

Entrees
Pulled BBQ Chicken

BBQ Brisket
Vegetable Lasagna

Sides
Fried Okra
Dirty Rice

Dessert
Dessert du Jour

Wednesday

Salad
Garden
Caesar

Soup du Jour
Spring Vegetable

Entrees
Buttermilk Fried Chicken
Meatloaf
Vegan Fried with Gravy
Cauliflower Mash

Sides
Brown Sugar Glazed Sweet Potatoes
Mac & Cheese
Collard Greens

Dessert
Sweet Potato Pie

Thursday

Salad
Garden

Mandarin Asian Noodle Salad

Soup du Jour
Corn Chowder

Entrees
Shrimp Fried Rice
Beef Teriyaki
Crispy Fried Tofu with Lo-Mein Noodles

Sides
Stir Fry Veggies
Basmati Rice

Dessert
Dessert du Jour

Friday

Salad
Garden
Caesar

Soup du Jour
Maryland Crab

Entrees
Golden Fried Catfish
Grilled Herb Chicken
Red Beans & Rice

Sides
Hushpuppies
Seasoned Broccoli

Dessert
Dessert du Jour

Join us on Tuesday for our Buffet Lunches at Helen Roberts
Enjoy an all-you-care-to-eat experience every Tuesday for only \$16.95