

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

Chicken & Rice Soup

Entree

BBQ Brisket | Rotisserie Chicken

Falafel Meatball Stroganoff 

Side

Wilted Spinach | Root Beer Baked Beans | Roasted Corn

Dessert Dujour

08/29

Helen Roberts

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

New England Chowder

Entree

Blackened Catfish | Lemon Herb Grilled Chicken

Grilled Tofu Rice Bowl



Side

Grilled Vegetables | Yellow White Rice

Dessert Dujour

09/02

Helen Roberts

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

Creole Gumbo Soup

Entree

Chicken & Sausage Jambalaya | Cajun Garlic Butter Shrimp

Grilled Veggie Taco Salad 

Side

Fried Okra | Dirty Rice

Dessert

Fresh Beignet

09/03

Helen Roberts

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

Spring Vegetable Soup

Entree

Buttermilk Fried Chicken | Meatloaf

Vegan Fried Chicken w/ Gravy & Cauliflower Mash



Side

Brown Sugar Glazed Sweet Potato | Mac n Cheese

Collard Greens

Dessert

Sweet Potato Pie

Menu

Please choose one from each category

Salad

*Garden Salad | Mandarin Asian Noodle Salad
w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch*

Soup Du Jour

Miso Soup

Entree

*Korean BBQ Chicken | Sesame Beef Stir Fry
Crispy Fried Tofu w/ Lo-Mein*



Side

Stir fry Vegetables | Basmati Rice

Dessert Dujour

09/05

Helen Roberts

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

Clam Chowder

Entree

Golden Fried Trout | Grilled Cajun Chicken

Red Beans & Rice



Side

Hushpuppies | Broccoli | Caramelized Brussel Sprouts

Dessert Dujour

09/08

Helen Roberts

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

Tomato Basil

Entree

Chicken Fettuccini Alfredo | Beef Lasagna

Pasta Primavera w/ Wine Sauce



Side

Roasted Balsamic Vegetables | Sauteed Broccoli

Dessert

Tiramisu

09/09

Helen Roberts

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

Chicken Tortilla

Entree

Battered Shrimp Taco | Chicken Enchilada

Chipotle Vegan Taco



Side

Mexican Rice | Refried Pinto Beans

Dessert Dujour

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

Broccoli Cheese

Entree

Buttermilk Fried Chicken | Cube Steak

Sweet Potato Cous Cous Bowl



Side

Brown Sugar Glazed Sweet Potato | Mac n Cheese

Collard Greens

Dessert

Sweet Potato Pie | Bread Pudding

09/11

Helen Roberts

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

Thai Chicken & Rice Soup

Entree

Ginger Garlic Chicken | Teriyaki Grilled Salmon

Thai Chili Tofu Steak



Side

Sesame Green Beans | Vegetable Fried Rice

Dessert Dujour

Menu

Please choose one from each category

Salad

Garden Salad | Caesar Salad

w/ Balsamic Vinaigrette, Caesar or Buttermilk Ranch

Soup Du Jour

Cream of Crab Bisque

Entree

Golden Fried Catfish | Grilled Cajun Catfish

Red Beans & Rice



Side

Roasted Corn | Glazed Carrots

Dessert Dujour