


BREAKFAST

BREAKFAST SANDWICHES

served on an English muffin, bagel, or croissant


Allergens: milk, eggs, wheat, gluten. May contain soy or sesame.

EGG & CHEESE  \$5.29 | 300-520 cal

BACON, EGG, & CHEESE \$5.89 | 450-670 cal

SAUSAGE, EGG, & CHEESE \$5.89 | 550-770 cal

FRESH BAKED BAGELS \$2.19

WITH CREAM CHEESE  \$3.79 | add 100 cal

Allergens: milk

plain  | 290 cal

Allergens: milk, wheat, gluten

asiago  | 290 cal

Allergens: milk, wheat, gluten

everything  | 340 cal

Allergens: milk, wheat, gluten, sesame


cinnamon raisin  | 320 cal

Allergens: milk, wheat, gluten

MUFFINS

\$2.59



Allergens: milk, eggs, wheat, soy, gluten.



blueberry  | 410 cal

chocolate chip  | 480 cal

strawberry banana  | 520 cal

OATMEAL \$4.19 | 300 cal

strawberries  | 15 cal, blueberries  | 30 cal,

raisins  | 30 cal, brown sugar  | 55 cal,

honey  | 60 cal, cinnamon  | 0 cal

 = vegetarian  = vegan

Consumer advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

LUNCH

ALL-AMERICAN BURGER \$7.79 | 720 cal

1/3 lb. burger patty topped with Lettuce, tomato, red onion, and American cheese on a brioche bun

Allergens: milk, egg, wheat, gluten. May contain sesame

SUB BEYOND BURGER® PATTY **V** +\$1.50 | (-30 cal)

Allergens: milk, egg, wheat, gluten, coconut. May contain sesame

CLASSIC CHICKEN SANDWICH \$6.79 | 370 cal

Southern-style breaded chicken topped with lettuce, sliced pickles, and mayonnaise on a brioche bun

Allergens: wheat, soy, gluten

FISH SANDWICH \$8.99 | 1160 cal

Served with French fries

Allergens: egg, fish, wheat, gluten

CHICKEN TENDERS \$9.19 | 820 cal

5 tenders served with your choice of dipping sauce

Allergens: wheat, soy, gluten

TEXAS-STYLE GRILLED CHEESE **V** \$6.29 | 420 cal

Allergens: milk, wheat, gluten

WITH TOMATO **V** \$6.49 | 430 CAL

WITH BACON \$6.79 | 570 CAL

WITH TOMATO & BACON \$7.19 | 580 CAL

BALSAMIC CHICKEN SANDWICH \$6.99

Served on a brioche bun

Allergens: milk, egg, wheat, gluten

SIDES:

FRENCH FRIES **VG** \$4.19 | 280 cal

MOZZARELLA STICKS \$6.29 | 730 cal

Allergens: milk, wheat, gluten

PASTA SALAD \$2.19 | 420 cal

Allergens: wheat, gluten

POTATO SALAD \$2.19 | 410 cal

Allergens: egg

Looking for a salad?

simply
to go
Live. Eat. Go.

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LUNCH



BUILD-YOUR-OWN DELI SANDWICH \$8.399 | 320-1,430 cal

BREAD:

- ciabatta VG 360 cal
Allergens: wheat, gluten.
- white wrap V 310 cal
Allergens: wheat, gluten. May contain soy
- white V 320 cal
Allergens: wheat, gluten.
- wheat V 200 cal
Allergens: wheat, gluten
- gluten-free V 240 cal
Allergens: eggs

MEAT:

- pepper turkey 90 cal
- honey ham 90 cal
- grilled chicken 90 cal
- salami 290 cal
- pepperoni 390 cal
- extra meat**
\$2.99 | 90-390 cal

CHEESE:

- American V 110 cal
Allergens: milk, soy
- Swiss V 110 cal
Allergens: milk
- provolone V 100 cal
Allergens: milk
- pepper jack V 100 cal
Allergens: milk
- extra cheese**
\$0.79 | 100-210 cal

TOPPINGS:

- lettuce VG 10 cal
- tomato VG 10 cal
- onion VG 10 cal
- pickles VG 0 cal
- arugula VG 20 cal
- banana peppers VG 5 cal

CONDIMENTS:

- Deli Spread VG 200 cal
- Chipotle Gourmaise V 180 cal
Allergens: egg
- Pepperhouse Gourmaise V 160 cal
Allergens: egg, soy
- mayonnaise V 200 cal
Allergens: egg, soy
- Deli mustard VG 0 cal
- honey mustard V 60 cal

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