

Hale Kehau Dinner Menu

Meatless	Sunday Oct 4 5:00-7:00	Monday Oct 5 5:00-7:30	Tuesday Oct 6 5:00-7:30	Wednesday Oct 7 5:00-7:30	Thursday Oct 8 5:00-7:30	Friday Oct 9 5:00-7:30	Saturday Oct 10 5:00-6:30
Island Traditions	Hearty Chili w/ Italian Sausage White Rice Hapa Rice Zesty Cheese Sauce Jalapeno Corn w/ Pimentos	Fried Braised Miso Pork Fried Rice Hapa Rice Vegetable du Jour	Mole Braised Beef Cilantro Rice Flour Tortillas Hapa Rice Vegetable du Jour Black Beans Veg. Refried Beans	Chicken Szechuan w/ Mushrooms Jasmine Rice Hapa Rice Vegetable du Jour	Garlic Pasta Bar Linguine & Tricolor Rotini Pasta Chicken Aslfredo Ground Beef Bolonaise Garlic Herb Focaccia Bread	Chinese 5 Spice Roast Pork White Rice Hapa Rice Fried Vegetable Noodles Vegetable du Jour	Chicken Fried Steak Mashed Potatoes Gravy Hapa Rice Jalapeno Corn w/Black Beans
Healthy Sensations	Young Jack Fruit & Tofu Vegetable Curry Jasmine Rice	Plant Based "Steak" Tips & Tofu w/ Shiitake Mushroom Stir Fry Jasmine Rice	Vegetable Bamboo Shoots Red Thai Curry Jasmine Rice	Vegan Black Bean Chili Jasmine Rice Focaccia Bread	Vegan Gluten Free Mac N' Chese Herb Focaccia Bread	Plant Based Ground "Beef" Meatballs w/ Polenta & drizzled w/ Red Thai Curry	Tofu Vegetable Curry Jasmine Rice
Wok Station	Sweet N' Sour Chicken Stir Fry Jasmine Rice	Sauteed Teri Glazed Mahimahi on Sushi Rice	Chicken Pad Thai Stir Fry	Shrimp Fried Rice Bowl	Meat Tortellini Saute w/ Tomato Pesto Sauce	Blackened Salmon drizzled w/ Ponzu Sauce Wasabi Mash	Sauteed Beef & Local Tomatoes Stir Fry White Rice
Composed Salads	Salad Bar w/ assorted condiments	Local Sweet Potato Salad Cucumber Kim Chi	Salad Bar w/ assorted condiments	Ancient Grains Vegetable Salad	Caesar Salad Bar w/ assorted toppings	Soba Noodle Salad Tomato/Onion Lomi	Potato Mac Salad Cucumber Tomato Salad
Hale Keahu Grill	Mini Hot Dog Sliders Crispy Fries	Kim Chi Burger Crispy Fries	Cheese Pizza Pepperoni Pizza Crispy Fries	Char Siu Vegetable Egg Fu Yung	Grilled Ham & Cheese Melt on Texas Toast Crispy Fries	Korean BBQ Pulled Chicken Slider w/ Asian Slaw Crispy Fries	Tuna/Cheese Melt on Sour Dough Crispy Fries
Desserts & Pastries	Baker's Choice!						

VEGAN SUBSTITUTIONS AVAILABLE UPON REQUEST *MENU SUBJECT TO CHANGE WITHOUT NOTICE* *GLUTEN FREE ITEMS AVAILABLE UPON REQUEST*