

BUILD A *Smoothie* ONE SIZE | 7.14

LIQUID

WATER | 0 cal
MILK | 75 cal
SOY MILK | 30 cal
ALMOND MILK | 45 cal
YOGURT | 50 cal

FRUIT & VEGGIES *pick 4*

PEACHES | 15 cal
BANANAS | 34 cal
STRAWBERRIES | 20 cal
BLUEBERRIES | 20 cal
MANGO | 25 cal
KALE | 6 cal
SPINACH | 7 cal
CARROTS | 13 cal
PINEAPPLE | 23 cal

ADD-INS

PLANT-BASED PROTEIN POWDER +\$1.60 | 75 cal
WHEY BASED PROTEIN POWDER +\$1.60 | 70 cal
EXTRA FRUIT OR VEGGIE +\$0.91
CHIA SEEDS +\$1.02 | 69 cal
GROUND FLAX SEED +\$1.02 | 40 cal
HONEY

