HOT SUBS

Hook & Ladder[®]

Smoked turkey breast, Virginia honey ham, Monterey Jack, lettuce, tomato, onion, mayo, and deli mustard



\$9.09 N 710 Cal

\$9.89

830 Cal

Firehouse Meatball®

Choose Classic, with Italian meatballs, provolone, marinara, and Italian seasoning, or ask to try it Sweet & Spicy (additional charge, adds 50 cal)

\$9.09 N



Italian

Genoa salami, pepperoni, Virginia honey ham, provolone, lettuce, tomato, onion, mayo, deli mustard, and Italian dressing and seasoning

\$9.89 M 930 Cal



Turkey Bacon Ranch

Smoked turkey breast, bacon, cheddar, lettuce, tomato, onion, mayo, and creamy peppercorn ranch dressing



Club on a Sub™

Smoked turkey breast, Virginia honey ham, bacon, Monterey Jack, lettuce, tomato, onion, mayo, and deli mustard

\$9.89 N 760 Cal



Firehouse Steak & Cheese®

Tender steak, provolone, caramelized onions and green bell perpers, mayo, and deli mustard





Make any hot sub cold. Choose white, wheat or gluten-free bread.

HOT SUBS

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New York Steamer®

USDA Choice corned beef and pastrami, provolone, mayo, deli mustard, and Italian dressing

\$9.49 M 720 Cal



Veggie

Caramelized onions and green bell peppers, savory mushrooms, provolone, cheddar, Monterey Jack, lettuce tomato, onion, mayo, deli mustard, and Italian dressing

\$8.49 N



Spicy Cajun Chicken

Grilled sliced Cajun chicken breast, pepper jack, jalapeños, lettuce, onion, Cajun mayo, and deli mustard

9.89 M 700 Cal



Smokehouse Beef & Cheddar Brisket

USDA Choice beef brisket smoked for up to 16 hours, cheddar, mayo, and barbecue sauce

10.99 M 890 Cal



Tuna Salad

A blend of tuna, relish, mayo, and black pepper, with provolone, lettuce, tomato, onion, deli mustard, and mayo. Served cold.

\$9.09 M 910 Cal



Jamaican Jerk Turkey

Smoked turkey breast, pepper jack, lettuce, tomato, onion, mayo, jerk sweet mustard sauce, and Caribbean seasoning

\$9.49 M 720 Cal



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

BUILD YOUR OWN SUB

Served hot, or make it cold.

Choose your protein, bread, cheese, veggies, and condiments:

Try it **Fully Involved**® with lettuce, tomato, onion, mayo and deli mustard

"Build Your Own Sub" calorie counts include Fully Involved® toppings and provolone cheese.



Smoked Turkey Breast	M \$9.09	680 Cal
Virginia Honey Ham	M \$9.09	740 Cal
Grilled Chicken Breast	M \$9.49	720 Cal
USDA Choice Pastrami	M \$9.09	720 Cal
USDA Choice Corned Beef	M \$9.09	740 Cal

Extras —		
Extra cheese	M \$1.00	100-111 Cal
Add bacon	M \$1.00	50 Cal
Add pepperoni	M \$3.00	100 Cal
Add savory mushrooms	M \$0.50	5 Cal
Gluten-free roll	M \$2.00	190 Cal

We offer gluten-free bread, but because other items in our restaurants contain gluten, we cannot guarantee an entirely gluten-free experience.

SALADS



Romaine; diced tomato, green bell pepper, and cucumber; mozzarella; and choice of dressing

Firehouse Salad®

Smoked turkey breast No meat

\$9.49 220 Cal \$8.29 130 Cal

Hook & Ladder Salad®

Smoked turkey breast and Virgina honey ham \$9.49 250 Cal

Salad Dressings*

Peppercorn Ranch	190 Cal
Italian	170 Cal
Light Italian	90 Cal
Balsamic	110 Cal
Oil & Vinegar	250 Cal
Honey Mustard	300 Cal

^{*}Salad dressings are additional calories

MAKE IT A COMBO

With a drink + chips or cookie

Swap chips or cookie for a brownie for additional charge.

\$2.99 60-730 Cal



DRINKS



\$2.59 0-300 Cal

SIDES



Side Salad \$4.49 60 Cal

(without dressing)





Chips \$1.99 **Cookies** \$1.49

290-320 Cal

Brownies \$2.09 430 Cal