

HARVEST OF THE MONTH

2025 to 2026



Through the Harvest of the Month program, we encourage you to eat with the season and support regional resiliency. Each month, we commit to using a seasonal local product and make commitments months in advance to aid growers and suppliers with crop planning. This program supports local economies and provides you with the opportunity to eat locally and seasonally year-round.



TOMATOES
AUGUST



PEPPERS
SEPTEMBER



APPLES
OCTOBER



**CARROTS AND
CABBAGE**
NOVEMBER



TURKEY
DECEMBER



PORK
JANUARY



CHEESE
FEBRUARY



**FERMENTS AND
PRESERVES**
MARCH



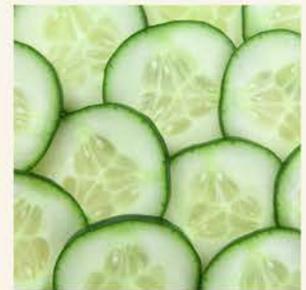
**PLANT BASED
PROTEINS**
APRIL



**GLOBAL
VILLAGE FOODS**
MAY



STRAWBERRIES
JUNE



CUCUMBERS
JULY



Vermont First by Sodexo was established in 2014. Learn more at vermontfirst.sodexomyway.com. Follow us on Instagram @VermontFirst

