

FÖD

SPECIALS MENU

SEPT 26 - OCT 2



DOOR PRICES (WITHOUT A MEAL PLAN SWIPE)
Breakfast: \$11.50 | Lunch, Dinner, and Brunch: \$14.50

Menu items may change based on product availability.
Allergen information can be found at the order kiosk.

BREAKFAST

Monday - Friday | 7:00 AM - 10:30 AM

LUNCH

Monday - Friday | 11:00 AM - 2:30 PM

DINNER

Monday - Thursday | 4:30 PM - 9:00 PM

Friday - Sunday | 4:30 PM - 8:00 PM

BRUNCH

Saturday - Sunday | 10:30 AM - 2:30 PM

FÖD *SPECIALS OF THE WEEK*

BREAKFAST (Monday - Friday)

STACK OF THE WEEK

Apple Crisp French Toast

French Toast topped with Apple Compote, Cinnamon Streusel Topping and Whipped Cream

PREMIUM BREAKFAST SANDWICH OF THE WEEK

Cheddar Hash Melt

Brioche Bun filled with Crispy Hash Brown Patty, Bacon, Fried Egg & Cheddar Cheese

BREAKFAST BOWL OF THE WEEK

Maple-Roasted Sweet Potato Oat Bowl

Warm Maple Cinnamon Oats topped with Roasted Sweet Potatoes & Orange Zest

FÖD *SPECIALS OF THE WEEK*

LUNCH (Monday - Friday)

FLATBREAD OF THE WEEK

Chicken Bacon Ranch Flatbread

Mozzarella Cheese, Bacon, Grilled Chicken, Ranch Dressing

BURGER/SANDWICH OF THE WEEK

Chorizo Smash Burger

Beef/Chorizo Mix Burger, Pepper Jack Cheese,
Chipotle Lime Mayo, Shredded Lettuce, Pickled
Red Onions, Potato Bun

MAC/PASTA OF THE WEEK

BYO Pasta Bar

Sauce: Alfredo, Vodka Sauce, or Marinara
Protein: Grilled Chicken, Shrimp, or Meatballs
Toppings: Spinach, Broccoli, Sundried Tomatoes, Pesto

SAUCE OF THE WEEK

Honey BBQ Mayo

FÖD ***SPECIALS OF THE WEEK***

DINNER (Monday - Friday)

BURGER/SANDWICH OF THE WEEK

Big Mac Style Burger

Sesame Bun, Burger Sauce, Pickles, White Onion, Shredded Lettuce

PASTA/BOWL OF THE WEEK

Halal Chicken Bowl

Grilled Halal Chicken, Yellow Rice, Lettuce, Tomatoes, Cucumbers, Pickled Red Onion, White Sauce, Hot Sauce

PANINI OF THE WEEK

Italian Chicken Pesto Melt

Grilled Chicken, Mozzarella Cheese, Pesto, Roasted Red Peppers, Ciabatta Club Roll

SAUCE OF THE WEEK

Honey BBQ Mayo

FÖD *SPECIALS OF THE WEEK*

BRUNCH (*Saturday - Sunday*)

OMELET DU JOUR OF THE WEEK

Meat Lovers Omelet

Omelet filled with cheddar cheese, sausage, ham and bacon. Served with a side.

STACK OF THE WEEK

Apple Crisp French Toast

French Toast topped with Apple Compote, Cinnamon Streusel Topping and Whipped Cream

BRUNCH SPECIAL OF THE WEEK

Maple Dijon Roasted Salmon

Maple Dijon Glazed Salmon served with Roasted Sweet Potatoes and Green Beans

FÖD ***SPECIALS OF THE DAY***

MONDAY, SEPTEMBER 28

LUNCH

Crispy Chicken Caesar Salad

Garlic Ciabatta, Crispy Chicken Breast,
Caesar, Romaine, Parmesan

Beef Chili Bowl

Sour Cream, Cheese, Option for Bread Bowl

DINNER

Buffalo Chicken Wrap

Crispy Chicken, Blue Cheese Crumbles,
Ranch, Hot Sauce, Toasted

Pork Carnitas Quesadilla

Pulled Pork, Mozzarella Cheese, Pico
De Gallo, Lime Crema

Shrimp or Veggie Fried Rice

Rice, Vegetable Mix, Soy Sauce, Garlic, Scallions

FÖD ***SPECIALS OF THE DAY***

TUESDAY, SEPTEMBER 29

LUNCH

Buffalo Chicken Tacos

Chicken Tender, Blue Cheese Slaw,
Buffalo Sauce, Scallions

Chopped Cheese

Adobo Seasoned Burger Patty chopped with Sliced
Onions, American Cheese, Lettuce, Tomato, Mayo
Ketchup, French Roll

DINNER

Pork Milinese Sandwich

Crispy Pork Cutlet, Arugula, Tomato,
Parmesan Cheese, Lemon Garlic Aioli, Ciabatta

Grilled Chicken Margherita

Grilled Chicken topped with Fresh Mozzarella Cheese, Pesto &
Roasted Tomato, Mashed Potatoes, Vegetable of the Day

Vodka Ravioli

Cheese Ravioli, Vodka Sauce, Crispy Bacon

FÖD ***SPECIALS OF THE DAY***

WEDNESDAY, SEPTEMBER 30

LUNCH

Chicken Katsu

Macaroni Salad, Sticky Rice, Teriyaki Glaze

Harvest Turkey Panini (Mindful Meal)

Roasted Turkey Breast, Brie Cheese, Spinach,
Cranberry Sauce, Dijon Mustard, Whole Grain
Flatbread

DINNER

Chicken Fajita Philly Cheese Sub

Club Roll, Fajita Chicken, Peppers, Onions, Provolone Cheese

Autumn Chicken Pot Pie (Mindful Meal)

Hearty Chicken Stew, Leeks, Carrots,
Peas, Flaky Puff Pastry

Louisiana Chicken Pasta

Crispy Chicken, Andouille, Peppers,
Onions, Cajun Alfredo, Pasta

FÖD ***SPECIALS OF THE DAY***

THURSDAY, OCTOBER 1

LUNCH

Crispy Fish Sandwich

Brioche Bun, Fried Fish, Lettuce, Tomato,
Tartar Sauce

Spicy Salmon Bowl

White Rice, Edamame, Cucumber, Carrots,
Spicy Mayo

DINNER

Mango Habanero Fish Tacos

Crispy Fish, Mango Salsa, Cabbage Slaw,
Avocado Crema

BBQ Country Ribs

Baked Beans, Cornbread

French Onion Pasta

Pulled Beef, Caramelized Onion Cream Sauce,
Pasta, Parmesan Cheese

FÖD ***SPECIALS OF THE DAY***

FRIDAY, OCTOBER 2

LUNCH

Chicken Gyro

Pita, Grilled Chicken, Tatziki, Lettuce, Feta, Tomato,
Red Onion

Tuna-cado Press

Tuna Salad, Avocado, Tomato, Pesto, Ciabatta Club Roll

DINNER

Elote Chicken Wrap

Grilled Chicken, Cabbage, Roasted Corn, Cotija
Cheese, Lime Crema

Carne Asada Rice Bowl

Cilantro Lime Rice, Beef Tip Carne Asada, Black Beans,
Pico, Chipotle Crema, Cotija Cheese

Apricot Glazed Turkey Breast

Roasted Potatoes, Vegetable of the
Day