

FÖD

SPECIALS MENU

OCT 6 - OCT 12



Menu items may change based on product availability.
Allergen information can be found at the order kiosk.

BREAKFAST

Monday - Friday | 7:00 AM - 10:30 AM

LUNCH

Monday - Friday | 11:00 AM - 2:30 PM

DINNER

Everyday | 4:30 PM - 8:00 PM

BRUNCH

Saturday - Sunday | 10:30 AM - 2:30 PM

FÖD ***SPECIALS OF THE WEEK***

BREAKFAST (Monday - Friday)

STACK OF THE WEEK

Cookies & Cream Pancakes

Layered with Oreos and vanilla cream drizzle, topped with whipped cream

PREMIUM BREAKFAST SANDWICH OF THE WEEK

Avocado Bacon Bagel Melt

Toasted Everything Bagel, mashed avocado, bacon, cheddar cheese, fried egg

BREAKFAST BOWL OF THE WEEK

Meatlover's Bowl

Homefries topped with sausage, bacon, scrambled eggs, cheddar cheese, maple syrup

FÖD ***SPECIALS OF THE WEEK***

LUNCH (Monday - Friday)

FLATBREAD OF THE WEEK

Pepperoni Flatbread

Marinara Sauce, Mozzarella Cheese, Pepperoni

BURGER/SANDWICH OF THE WEEK

Blue Charger Burger

Blue Cheese Crumbles, Bacon, Buffalo Sauce

BOWL OF THE WEEK

Mediterranean Bowl

Warm Cous Cous or Lettuce, Sliced Lemon Herb Chicken or Falafel, Toppings: Cucumber, Grape Tomato, Olives, Red Onion, Tzatziki, Hummus, Feta, Pita

MAC/PASTA OF THE WEEK

Pesto Tortellini

Roasted Grapes, Breadstick, Option for Garlic Shrimp

SAUCE OF THE WEEK

Sriracha Mayo

FÖD **SPECIALS OF THE WEEK**

DINNER (Monday - Friday)

BURGER/SANDWICH OF THE WEEK

Jalapeño Cheddar Crunch Burger

Crispy Onion Straws, Pickled Jalapeños, Cheddar Cheese, Spicy Ranch

PASTA/BOWL OF THE WEEK

Baked Ziti

Italian Sausage, Ricotta Cheese, Mozzarella Cheese

QUESADILLA OF THE WEEK

Pepperoni Quesadilla

Mozzarella Cheese, Marinara Sauce, Pepperoni

CRISPY CHICKEN SANDWICH OF THE WEEK

FOD Classic Chicken Sandwich

Crispy Chicken, Texas Toast, Ranch, American Cheese, Bacon, Pickles, Jalapeños

APPETIZERS OF THE WEEK

Loaded Fries w/ Queso, Bacon, Scallions

Tomato Bruschetta

Jalapeño Poppers w/ Ranch

SAUCE OF THE WEEK

Sriracha Mayo

FÖD SPECIALS OF THE WEEK

BRUNCH (Saturday - Sunday)

OMELET DU JOUR OF THE WEEK

Bacon Broccoli & Cheddar Omelet

Omelet filled with cheddar cheese, bacon, fresh broccoli

BRUNCH SPECIAL OF THE WEEK

Breakfast Flatbread

Flatbread topped with scrambled eggs, cheddar cheese and bacon,
topped with hollandaise and scallions

DINNER (Saturday)

Maria C.'s Spaghetti w/ Beef Meatballs

Maria Colón



FÖD ***SPECIALS OF THE DAY***

MONDAY, OCTOBER 6

LUNCH

Crispy Chicken Caesar Wrap

Crispy Chicken, Romaine, Caesar, Parmesan Cheese, Flour Tortilla

Pastrami Reuben

Rye Bread, Warm Pastrami, Swiss Cheese, Sauerkraut, Thousand Island Dressing (not panini)

DINNER

Pot Roast

Potatoes, Carrots, Au Jus

Swedish Meatballs

Mashed Potatoes, Veggie of the Day

FÖD SPECIALS OF THE DAY

TUESDAY, OCTOBER 7

LUNCH

Chicken Biscuit Sliders

Chicken Tenders, Pepper Relish Honey, Biscuits

Chimichurri Salmon

Rice Pilaf, Veggie of the Day, Chimichurri Sauce

DINNER

Maria Colón



Maria C.'s Stew Chicken

Rice, Beans, Fried Plantains

Spinach Pesto Shrimp Alfredo

Linguini, Shrimp, Pesto, Spinach

F&D SPECIALS OF THE DAY

WEDNESDAY, OCTOBER 8

LUNCH

Blackened Chicken Sandwich

Blackened Grilled Chicken, Sautéed Onions,
Sriracha Mayo, Pepper Jack Cheese

Loaded Fries

Bacon, Pickled Jalapeños, Queso, Ranch

DINNER

Maria Colón



Maria C.'s Sancocho

w/ White Rice

Jerk Chicken Breast

Sweet Potato Mash, Veggie of the Day

FÖD *SPECIALS OF THE DAY*

THURSDAY, OCTOBER 9

LUNCH

Cheesesteak Tacos

Shaved Steak, Peppers, Onions, Queso, Flour Tortilla

Fried Shrimp Po Boy

French Bread, Lettuce, Tomato, Popcorn Shrimp, Remoulade Sauce

Maria Colón



DINNER

Maria C.'s Pork Pernil

w/ Arroz con Gandules

Southern Fried Chicken

Roasted Red Potatoes, Green Beans, Cheddar Biscuit

FÖD SPECIALS OF THE DAY

FRIDAY, OCTOBER 10

Maria Valentin

LUNCH



Maria V's Menu

Beef & Cheese Empanadas
Pork Pernil
Arroz con Gandules
Maduros (Fried Plantains)
Tres Leches
Flan
Passion Refresher

Fried Shrimp Po Boy

French Bread, Lettuce, Tomato, Popcorn Shrimp, Remoulade Sauce

DINNER

Maria Colón

Maria C.'s Pastelón

w/ Mixed Vegetable Side



Spicy Shrimp Stir Fry

Stir Fry Mix, Stir Fry Sauce, over White Rice