



# MAIN MENU SPRING 2026

**DOOR PRICES (WITHOUT A MEAL PLAN SWIPE)**  
Breakfast: \$11 | Lunch, Dinner, and Brunch: \$14

Menu items may change based on product availability.  
Allergen information can be found at the order kiosk.



**BREAKFAST**  
Monday - Friday ▶ 7:00 AM - 10:30 AM

**LUNCH**  
Monday - Friday ▶ 11:00 AM - 2:30 PM

**DINNER**  
Everyday ▶ 4:30 PM - 8:00 PM

**BRUNCH**  
Saturday - Sunday ▶ 10:30 AM - 2:30 PM

# FÖD

## BREAKFAST

### BREAKFAST PLATTER

served with Home Fries

#### CHOOSE YOUR EGGS

Scrambled Eggs, Fried Eggs, Cheesy Scrambled Eggs, or Scrambled Egg Whites

#### CHOOSE YOUR PROTEIN

Bacon, Pork Sausage, Turkey Sausage, or Vegan Sausage

### BREAKFAST SANDWICH

choice of Bacon or Sausage with Fried Eggs and American Cheese on a Bagel  
served with Home Fries

### PANCAKES PLATTER

served with Home Fries

#### CHOOSE YOUR EGGS

Scrambled Eggs, Fried Eggs, Cheesy Scrambled Eggs, or Scrambled Egg Whites

#### CHOOSE YOUR PROTEIN

Bacon, Pork Sausage, Turkey Sausage, or Vegan Sausage

### FRENCH TOAST PLATTER

served with Home Fries

#### CHOOSE YOUR EGGS

Scrambled Eggs, Fried Eggs, Cheesy Scrambled Eggs, or Scrambled Egg Whites

#### CHOOSE YOUR PROTEIN

Bacon, Pork Sausage, Turkey Sausage, or Vegan Sausage

## ROTATING SPECIALS [SPECIALS MENU](#)

### STACK OF THE WEEK

### BREAKFAST SANDWICH OF THE WEEK

### BREAKFAST BOWL OF THE WEEK

# FÖD

## LUNCH

### FOD CHICKEN TENDERS

served with choice of Fries, Chips, or Veggie of the Day  
option for Tossed Chicken Tenders in Sauce of the Day  
option for Vegan Chick'n Nuggets

### BUILD YOUR OWN BURGER

served with choice of Fries or Veggie of the Day  
option to add Bacon  
option for Gluten-Free Bun

#### CHOOSE YOUR PROTEIN

Hamburger, Turkey Burger, Grilled Chicken, or Impossible® Burger (Plant-Based)

#### CHOOSE YOUR CHEESE

American, Cheddar, Swiss, or Vegan Cheese

### GRILLED CHEESE

Triple Cheese on Grilled White Bread  
option to add Bacon, Tomatoes, Caramelized Onions, and Avocados  
option for Vegan Cheese

### BAKED HAM & SWISS POPPY SEED SLIDERS

Baked Ham, Swiss Cheese, and Dijon Poppy Seed Butter Sliders  
served with choice of Fries, Chips, or Veggie of the Day  
option for Gluten-Free Bread

### TURKEY CLUB SANDWICH

Turkey, Bacon, American Cheese, Pickles, and Mayonnaise  
on a choice of Toasted Wheat Bread or untoasted Wheat Bread  
option for Gluten-Free Bread

### CLASSIC CHICKEN CAESAR SALAD

Grilled Chicken, Romaine Lettuce, Parmesan Cheese, Croutons, and Caesar Dressing  
option for Vegan version

## ROTATING SPECIALS [↗ SPECIALS MENU](#)

### BURGER OR SANDWICH OF THE WEEK

### PASTA OR MAC & CHEESE OF THE WEEK

### BOWL OF THE WEEK

### FLATBREAD OF THE WEEK

# FÖD

## DINNER

### FOD CHICKEN WINGS

served with Wing Sauce of the Week and choice of Fries or Veggie of the Day  
option for Vegan Chick'n Nuggets

### GENERAL TSO'S CHICKEN

Tempura Chicken Thighs tossed in General Tso's Sauce  
served with White Rice and Steamed Broccoli  
option for Vegan Chick'n

### BUILD YOUR OWN BURGER

served with choice of Fries or Veggie of the Day  
option to add Bacon  
option for Gluten-Free Bun

#### CHOOSE YOUR PROTEIN

Hamburger, Turkey Burger, Grilled Chicken, or Impossible® Burger (Plant-Based)

#### CHOOSE YOUR CHEESE

American, Cheddar, Swiss, or Vegan Cheese

### GRILLED HOT DOGS

served with choice of Fries or Veggie of the Day

### CHIPOTLE CHICKEN QUESADILLAS

Pulled Chipotle Grilled Chicken, Monterey Jack Cheese, and Chipotle Crema  
served with a side  
options for Gluten-Free Tortilla and Vegan Cheese

### CHEESE QUESADILLAS

Monterey Jack Cheese  
served with choice of Fries or Veggie of the Day  
option for Gluten-Free Tortilla  
option for Vegan Cheese

## ROTATING SPECIALS [↗ SPECIALS MENU](#)

### BURGER OR SANDWICH OF THE WEEK

### PASTA OR BOWL OF THE WEEK

### CRISPY CHICKEN SANDWICH OF THE WEEK

### QUESADILLA OF THE WEEK

# FÖD BRUNCH

## CINNAMON ROLL CHICKEN & WAFFLES

Cinnamon Sugar Waffles, Crispy Chicken Tenders, Cream Cheese Glaze, and Maple Syrup

## QUICHE LORRAINE

Baked Pie Crust, Egg Custard, Bacon, Sautéed Onions, and White Cheddar Cheese served with a side

## STRAWBERRY POUND CAKE FRENCH TOAST

Griddled Pound Cake, Custard, Whipped Mascarpone, Strawberries, and Strawberry Sauce

## BREAKFAST TACOS

Flour Tortillas, Scrambled Eggs, Bacon, Cheddar Cheese, and Hollandaise Sauce  
option for Gluten-Free Tortilla

## EGG OMELETS

Cheesy Omelet, Veggie Omelet, or Omelet du Jour  
served with Curly Fries, Home Fries or Veggie of the Day  
option for Egg Whites  
Vegan option available

## BUILD YOUR OWN BURGER

served with choice of Fries or Veggie of the Day  
option to add Bacon  
option for Gluten-Free Bun

### CHOOSE A PROTEIN

Hamburger, Turkey Burger, Grilled Chicken, or Impossible® Burger (Plant-Based)

### CHOOSE A CHEESE

American, Cheddar, Swiss, or Vegan Cheese

## BBQ PULLED PORK SLIDERS

Sliders with BBQ Pulled Pork and Creamy Coleslaw  
served with a side  
option for Gluten-Free Bread

## SMOKED GOUDA MAC & CHEESE

Pasta and Smoked Gouda Cheese Sauce  
option to add Bacon or Crispy Chicken

## ROTATING SPECIALS [↗ SPECIALS MENU](#)

## OMELET OF THE WEEKEND

## BRUNCH SPECIAL OF THE WEEKEND