



MAIN MENU

FALL 2026

DOOR PRICES (WITHOUT A MEAL PLAN SWIPE)

Breakfast: \$11.50 | Lunch, Dinner, and Brunch: \$14.50

Menu items may change based on product availability.
Allergen information can be found at the order kiosk.

BREAKFAST

Monday – Friday ▶ 7 AM – 10:30 AM

LUNCH

Monday – Friday ▶ 11 AM – 2:30 PM

DINNER

Monday – Thursday ▶ 4:30 PM – 9 PM

Friday – Sunday ▶ 4:30 PM – 8 PM

BRUNCH

Saturday – Sunday ▶ 10:30 AM – 2:30 PM

F&D

BREAKFAST

BREAKFAST PLATTER

served with Home Fries

CHOOSE YOUR EGGS

Scrambled Eggs, Fried Eggs, Cheesy Scrambled Eggs, or Scrambled Egg Whites

CHOOSE YOUR PROTEIN

Bacon, Pork Sausage, Turkey Sausage, or Vegan Sausage

BREAKFAST SANDWICH

choice of Bacon or Sausage with Fried Eggs and American Cheese on a Bagel
served with Home Fries

PANCAKES PLATTER

served with Home Fries

CHOOSE YOUR EGGS

Scrambled Eggs, Fried Eggs, Cheesy Scrambled Eggs, or Scrambled Egg Whites

CHOOSE YOUR PROTEIN

Bacon, Pork Sausage, Turkey Sausage, or Vegan Sausage

FRENCH TOAST PLATTER

served with Home Fries

CHOOSE YOUR EGGS

Scrambled Eggs, Fried Eggs, Cheesy Scrambled Eggs, or Scrambled Egg Whites

CHOOSE YOUR PROTEIN

Bacon, Pork Sausage, Turkey Sausage, or Vegan Sausage

ROTATING SPECIALS [SPECIALS MENU](#)

STACK OF THE WEEK

BREAKFAST SANDWICH OF THE WEEK

BREAKFAST BOWL OF THE WEEK

F&D

LUNCH

FOD CHICKEN TENDERS

served with choice of Fries, Chips, or Veggie of the Day
option for Tossed Chicken Tenders in Sauce of the Day
option for Vegan Chick'n Nuggets

BUILD YOUR OWN BURGER

served with choice of Fries or Veggie of the Day
option to add Bacon
option for Gluten-Free Bun

CHOOSE YOUR PROTEIN

Hamburger, Turkey Burger, Grilled Chicken, or Impossible® Burger (Plant-Based)

CHOOSE YOUR CHEESE

American, Cheddar, Swiss, or Vegan Cheese

GRILLED CHEESE

Triple Cheese on Grilled White Bread
option to add Bacon, Tomatoes, Caramelized Onions, and Avocados
option for Vegan Cheese

STEAKHOUSE PANINI

Sliced Roast Beef, Garlic Aoli, Caramelized Onions and Provolone Cheese,
pressed on Sourdough bread. Served with Fries, chips, or veggie of the day
option for Gluten-Free Sandwich

CHIPOTLE TURKEY AVOCADO

Toasted or Cold Ciabatta with Turkey, Provolone, Bacon, Avocado,
Tomato, Onion & Chipotle Mayo
option for Gluten-free Bun

CLASSIC CHICKEN CAESAR SALAD

Grilled Chicken, Romaine Lettuce, Parmesan Cheese, Croutons, and Caesar Dressing
option for Vegan version

ROTATING SPECIALS [↗ SPECIALS MENU](#)

PASTA OR MAC & CHEESE OF THE WEEK

BOWL OF THE WEEK

FLATBREAD OF THE WEEK

DAILY SPECIAL

F&D

DINNER

FOD CHICKEN WINGS

served with Wing Sauce of the Week and choice of Fries or Veggie of the Day
option for Vegan Chick'n Nuggets

CHICKEN TENDERS

served with choice of Fries, Chips, or Veggie of the Day
option for Tossed Chicken Tenders in Sauce of the Day
option for Vegan Chick'n Nuggets

BUILD YOUR OWN BURGER

served with choice of Fries or Veggie of the Day
option to add Bacon
option for Gluten-Free Bun

CHOOSE YOUR PROTEIN

Hamburger, Turkey Burger, Grilled Chicken, or Impossible® Burger (Plant-Based)

CHOOSE YOUR CHEESE

American, Cheddar, Swiss, or Vegan Cheese

GRILLED HOT DOGS

served with choice of Fries or Veggie of the Day

FOD CRISPY CHICKEN SANDWICH

Crispy Chicken n Challah Texas Toast with American Cheese, Bacon, Ranch, Pickles
and Pickles Jalapenos. Served with Fries or Veggie of the Day

CHIPOTLE CHICKEN QUESADILLAS

Pulled Chipotle Grilled Chicken, Monterey Jack Cheese, and Chipotle Crema
served with a side
options for Gluten-Free Tortilla and Vegan Cheese

CHEESE QUESADILLAS

Monterey Jack Cheese
served with choice of Fries or Veggie of the Day
option for Gluten-Free Tortilla
option for Vegan Cheese

ROTATING SPECIALS [SPECIALS MENU](#)

BURGER OF THE WEEK

PASTA OR BOWL OF THE WEEK

PANINNI OF THE WEEK

DAILY SPECIAL

FÖD

WEEKEND BREAKFAST

BREAKFAST PLATTER

served with Home Fries

CHOOSE YOUR EGGS

Scrambled Eggs, Fried Eggs, Cheesy Scrambled Eggs, or Scrambled Egg Whites

CHOOSE YOUR PROTEIN

Bacon, Pork Sausage, Turkey Sausage, or Vegan Sausage

EGG OMELETS

choice of Sheese, Veggie, or "Omelet de Jour" served with Home Fries
option for egg white or vegan omelet

PANCAKES PLATTER

served with Home Fries

CHOOSE YOUR EGGS

Scrambled Eggs, Fried Eggs, Cheesy Scrambled Eggs, or Scrambled Egg Whites

CHOOSE YOUR PROTEIN

Bacon, Pork Sausage, Turkey Sausage, or Vegan Sausage

FRENCH TOAST PLATTER

served with Home Fries

CHOOSE YOUR EGGS

Scrambled Eggs, Fried Eggs, Cheesy Scrambled Eggs, or Scrambled Egg Whites

CHOOSE YOUR PROTEIN

Bacon, Pork Sausage, Turkey Sausage, or Vegan Sausage

ROTATING SPECIALS [↗ SPECIALS MENU](#)

STACK OF THE WEEK

F&D

BRUNCH

CHICKEN & WAFFLES

Chicken Tenders on Belgium Waffles topped with a Whipped Cream Cinnamon Butter & Bourbon maple Syrup
option for Regular Maple Syrup

ITALIAN SUB

Served Toasted or Cold. Salami, Ham & Pepperoni on a French roll, topped with Provolone Cheese, Lettuce, Cherry Pepper Mayo & 'Oil and Vinegar'. Served with a Side
option for Gluten-free bread

GRILLED CHICKEN CAESAR SANDWICH

Grilled Chicken topped with Romaine, Shredded Parmesan and Caesar Dressing, on Garlic Ciabatta Roll. Served with a Side
option for Gluten-free bread

EGG OMELETS

Cheesy Omelet, Veggie Omelet, or Omelet du Jour
served with Curly Fries, Home Fries or Veggie of the Day
option for Egg Whites
Vegan option available

BUILD YOUR OWN BURGER

served with choice of Fries or Veggie of the Day
option to add Bacon
option for Gluten-Free Bun

CHOOSE A PROTEIN

Hamburger, Turkey Burger, Grilled Chicken, or Impossible® Burger (Plant-Based)

CHOOSE A CHEESE

American, Cheddar, Swiss, or Vegan Cheese

BRUNCH BURGER

Hamburger Patty, grilled and topped with Cheddar Cheese, Bacon, Fried Egg and Spicy Mayo. Served with choice of Waffle Fries, Home Fries or Veggie of the Day
option for Vegan Cheese and Gluten-free Bread

SMOKED GOUDA MAC & CHEESE

Pasta and Smoked Gouda Cheese Sauce
option to add Bacon or Crispy Chicken

CAPRESE GARLIC BUTTER PASTA WITH ITALIAN MEATBALLS

Cavatappi Tossed in Roasted Garlic Butter with Fresh Mozzarella, Basil, Roasted Cherry Tomatoes and Parmesan Cheese. Topped with Choice of Italian Meatballs in Marinara.
option for Gluten-free Pasta

ROTATING SPECIALS [SPECIALS MENU](#)

STACK OF THE WEEK

DAILY BRUNCH SPECIAL