

Base Menu Spreadsheet

Portion Values

Jun 3, 2024 thru Jun 24, 2024

Menu Name:	PPSD Elementary BIC Menu	Include Cost:	No
Site:		Report Style:	Detailed
Use Alternate Menu Name:	No		

Monday - 06/03/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990431 APPLE OATMEAL BREAKFAST ROUND, SHRI case / 48 each	each	1	320	2.50	180	19	18	43.00
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990155 CRACKER GRAHAM CINN GOLDFISH	1 each	1	120	1.00	140	7	*N/A*	19.00
990159 RAISIN, BOX	1 each	1	140	0.00	10	28	0	34.00
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1836	5.87	1551	186	18	358.08
% of Calories				2.88%		40.5%	3.9%	78.0%
Weekly Nutrient Guideline			450 - 500	<10	540			

Tuesday - 06/04/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990142 French Toast Mini Cinnamon Rush IW BIC	1 each	1	178	0.90	158	9	*N/A*	29.48
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30

Base Menu Spreadsheet

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990154 CHEESE MOZZ STRING	1 each	1	61	2.02	202	1	*N/A*	0.00
990432 USDA, PEACHES, CUP, FROZEN - 96/Case 100241	each	1	90	0.00	0	19	0	21.00
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1585	5.30	1581	161	0	312.56
% of Calories				3.01%		40.6%	0%	78.9%
Weekly Nutrient Guideline			450 - 500	<10	540			

Wednesday - 06/05/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990308 88 ACRES CHOC SEA SALT BAR case/70ct	1 bar	1	200	2.50	115	9	*N/A*	22.00

Base Menu Spreadsheet

Providence Public Schools

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990475 SCOOPY SNACK GRAHAM CRACKERS	1 each	1	120	1.00	115	8	*N/A*	21.00
000064 APPLES, FRESH	EACH	1	69	0.00	1	13	*N/A*	18.48
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00

Base Menu Spreadsheet

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1644	5.87	1452	162	0	323.56
% of Calories				3.21%		39.4%	0%	78.7%
Weekly Nutrient Guideline			450 - 500	<10	540			

Thursday - 06/06/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990150 MUFFIN BLUEBERRY WG RF IW	each	1	170	1.50	135	11	*N/A*	25.00
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990429 CHEESE CHEDDAR CUBE IW sys#1955063	package	1	2619	127.01	5295	8	*N/A*	7.94
990167 STRAWBERRY FRZ CUP	1 each	1	80	0.00	1	16	*N/A*	20.93
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			4125	130.88	6652	167	0	315.95
% of Calories				28.56 %		16.2%	0%	30.6%
Weekly Nutrient Guideline			450 - 500	<10	540			

Friday - 06/07/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990164 YOGURT VANILLA STRAWBERRY CUP	1 each	1	60	0.00	70	9	4	12.00
990166 GRANOLA WITH RAISINS - JEFF'S - IW	1 each	1	121	0.00	35	7	*N/A*	19.24
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990367 CRACKER GRAHAM CINN TIGER BITE sys#8266157	1 each	1	120	1.00	105	8	*N/A*	21.00
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
000064 APPLES, FRESH	EACH	1	69	0.00	1	13	*N/A*	18.48
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1626	3.37	1433	170	4	332.80
% of Calories				1.87%		41.8%	1.0%	81.9%
Weekly Nutrient Guideline			450 - 500	<10	540			

Monday - 06/10/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Providence Public Schools

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990191 CONFETTI MUFFIN, SHRI	1 each	1	270	4.50	260	16	11	39.00
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990155 CRACKER GRAHAM CINN GOLDFISH	1 each	1	120	1.00	140	7	*N/A*	19.00
990169 CRANBERRY DRIED CRAISIN IW 200/1.6oz	1 each	1	110	0.00	0	24	*N/A*	26.99
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1755	7.87	1621	179	11	347.07
% of Calories				4.04%		40.8%	2.5%	79.1%
Weekly Nutrient Guideline			450 - 500	<10	540			

Tuesday - 06/11/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990424 WAFFLE BLUEBERRY BASH sys#2173379 72ct	each	1	190	0.77	155	11	*N/A*	32.83
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990154 CHEESE MOZZ STRING	1 each	1	61	2.02	202	1	*N/A*	0.00
990167 STRAWBERRY FRZ CUP	1 each	1	80	0.00	1	16	*N/A*	20.93
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1586	5.17	1579	160	0	315.84
% of Calories				2.93%		40.4%	0%	79.7%
Weekly Nutrient Guideline			450 - 500	<10	540			

Wednesday - 06/12/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990127 BAGEL W/ CREAM CHEESE	1 each	1	255	2.75	370	1	0	43.70
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00

Base Menu Spreadsheet

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990475 SCOOPY SNACK GRAHAM CRACKERS	1 each	1	120	1.00	115	8	*N/A*	21.00
000064 APPLES, FRESH	EACH	1	69	0.00	1	13	*N/A*	18.48
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1699	6.12	1708	155	0	345.27
% of Calories				3.24%		36.5%	0%	81.3%
Weekly Nutrient Guideline			450 - 500	<10	540			

Thursday - 06/13/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Providence Public Schools

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990140 CEREAL BAR CHEERIOS STRAWBERRY	1 each	1	161	0.50	96	9	*N/A*	30.19
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990429 CHEESE CHEDDAR CUBE IW sys#1955063	package	1	2619	127.01	5295	8	*N/A*	7.94
990432 USDA, PEACHES, CUP, FROZEN - 96/Case 100241	each	1	90	0.00	0	19	0	21.00
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00

Providence Public Schools

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			4126	129.88	6611	168	0	321.21
% of Calories				28.33 %		16.3%	0%	31.1%
Weekly Nutrient Guideline			450 - 500	<10	540			

Friday - 06/14/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990164 YOGURT VANILLA STRAWBERRY CUP	1 each	1	60	0.00	70	9	4	12.00
990166 GRANOLA WITH RAISINS - JEFF'S - IW	1 each	1	121	0.00	35	7	*N/A*	19.24
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990367 CRACKER GRAHAM CINN TIGER BITE sys#8266157	1 each	1	120	1.00	105	8	*N/A*	21.00

Base Menu Spreadsheet

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
000064 APPLES, FRESH	EACH	1	69	0.00	1	13	*N/A*	18.48
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1626	3.37	1433	170	4	332.80
% of Calories				1.87%		41.8%	1.0%	81.9%
Weekly Nutrient Guideline			450 - 500	<10	540			

Monday - 06/17/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990121 MUFFIN APPLE CINN WG RF IW	1 each	1	150	4.50	140	10	*N/A*	22.00
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72

Base Menu Spreadsheet

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990155 CRACKER GRAHAM CINN GOLDFISH	1 each	1	120	1.00	140	7	*N/A*	19.00
990159 RAISIN, BOX	1 each	1	140	0.00	10	28	0	34.00
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1666	7.87	1511	177	0	337.08
% of Calories				4.25%		42.5%	0%	80.9%
Weekly Nutrient Guideline			450 - 500	<10	540			

Tuesday - 06/18/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Providence Public Schools

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990425 TOAST FRENCH MINI CHOCOLATE sys#2198473 72ct	each	1	190	1.50	260	11	*N/A*	35.00
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990154 CHEESE MOZZ STRING	1 each	1	61	2.02	202	1	*N/A*	0.00
990432 USDA, PEACHES, CUP, FROZEN - 96/Case 100241	each	1	90	0.00	0	19	0	21.00
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00

Base Menu Spreadsheet

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1596	5.90	1684	163	0	318.08
% of Calories				3.33%		40.9%	0%	79.7%
Weekly Nutrient Guideline			450 - 500	<10	540			

Wednesday - 06/19/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990487 MUFFIN TROPICAL MANGO SHRI	1 MUFFIN	1	220	2.50	250	13	11	33.00
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990475 SCOOPY SNACK GRAHAM CRACKERS	1 each	1	120	1.00	115	8	*N/A*	21.00
000064 APPLES, FRESH	EACH	1	69	0.00	1	13	*N/A*	18.48
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1664	5.87	1587	166	11	334.56
% of Calories				3.17%		39.9%	2.6%	80.4%
Weekly Nutrient Guideline			450 - 500	<10	540			

Thursday - 06/20/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990491 MUFFIN STRAWBERRY SHRI	1 muffin	1	230	3.00	260	14	11	34.00
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00

Base Menu Spreadsheet

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990429 CHEESE CHEDDAR CUBE IW sys#1955063	package	1	2619	127.01	5295	8	*N/A*	7.94
990167 STRAWBERRY FRZ CUP	1 each	1	80	0.00	1	16	*N/A*	20.93
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			4185	132.38	6777	170	11	324.95
% of Calories				28.47 %		16.2%	1.1%	31.1%
Weekly Nutrient Guideline			450 - 500	<10	540			

Friday - 06/21/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Providence Public Schools

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990164 YOGURT VANILLA STRAWBERRY CUP	1 each	1	60	0.00	70	9	4	12.00
990166 GRANOLA WITH RAISINS - JEFF'S - IW	1 each	1	121	0.00	35	7	*N/A*	19.24
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990367 CRACKER GRAHAM CINN TIGER BITE sys#8266157	1 each	1	120	1.00	105	8	*N/A*	21.00
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
000064 APPLES, FRESH	EACH	1	69	0.00	1	13	*N/A*	18.48
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1626	3.37	1433	170	4	332.80
% of Calories				1.87%		41.8%	1.0%	81.9%
Weekly Nutrient Guideline			450 - 500	<10	540			

Monday - 06/24/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990134 STRAWBERRY NUTRI-GRAIN BAR	1 each	1	160	0.50	150	14	*N/A*	30.00
990478 CEREAL, APPLE CINNAMON CHEERIOS BWL	each	1	114	0.00	114	9	*N/A*	22.71
990149 CEREAL, CHEERIOS BWL	each	1	101	0.36	136	1	*N/A*	20.72
990479 CEREAL, CINNAMON CHEX BWL	each	1	120	0.00	170	6	*N/A*	23.00
990480 CEREAL, BLUEBERRY CHEX BWL	each	1	120	0.00	180	6	*N/A*	23.00
990481 CEREAL, FROOT LOOPS BWL	each	1	111	0.51	162	8	*N/A*	24.30
990482 CEREAL, FROSTED FLAKES BWL	each	1	101	0.00	162	7	*N/A*	24.30
990158 CEREAL FROSTED MINI WHEATS	1 each	1	101	0.00	0	6	*N/A*	24.30
990155 CRACKER GRAHAM CINN GOLDFISH	1 each	1	120	1.00	140	7	*N/A*	19.00
990169 CRANBERRY DRIED CRAISIN IW 200/1.6oz	1 each	1	110	0.00	0	24	*N/A*	26.99

Portion Values

Jun 3, 2024 thru Jun 24, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
990117 APPLESAUCE, 1/2 CUP	1/2 cup	1	48	0.00	2	10	*N/A*	12.76
990198 JUICE APPLE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	15.00
990483 JUICE GRAPE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	14	0	16.00
990484 JUICE ORANGE TANGERINE, SHELF STABLE 4.23 oz	1 each	1	60	0.00	10	13	0	15.00
990485 JUICE TROPICAL PUNCH, SHELF STABLE 4.23 oz	1 each	1	60	0.00	5	13	0	15.00
990210 MILK 1% CARTON	1 each	1	110	1.50	130	12	*N/A*	13.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	*N/A*	13.00
Weighted Daily Average			1645	3.87	1511	177	0	338.07
% of Calories				2.12%		43.0%	0%	82.2%
Weekly Nutrient Guideline			450 - 500	<10	540			

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	Carb (g)
Weighted Averages		2124	29	2508	169	4	330.67
% of Calories			12.26%		31.8%	0.8%	62.3%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.