el Tazón Loco

$10.09 OR 4 ME

2000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

SIDES

	CALORIES
VG CILANTRO LIME RICE	190
VG BROWN RICE	190
V PINTO BEANS	70
VG BLACK BEANS	70

SALAD BAR

VG CHOPPED ROMINE	5	VG TOMATO	5
VG SPINACH	5	VG CUCUMBER	5
DICED HAM	70	VG OLIVES	5
DICED TURKEY	65	VG CARROTS	5
DICED CHICKEN	60	V PARMESAN CHEESE	20

SALAD DRESSING

	CALORIES		CALORIES
RANCH	120	CAESAR	130
FRENCH	130	BALSAMIC	110
ITALIAN	70	HONEY MUSTARD	120

Allergens: Wheat, Dairy, Soy, Eggs

el Tazón Loco

PICK 1

	CALORIES
GROUND BEEF	135
SHREDDED CHICKEN	110
PORK CARNITAS	240
VG TOFU	120

ADD THESE

	CALORIES
V PICANTE	10
V SALSA VERDE	10
V SPICY SALSA ROJA	10
V PICO DE GALLO	10
VG DICED ONIONS	15
JALAPEÑO V	10

	CALORIES
V SOUR CREAM	80
V GUACAMOLE	100
V CILANTRO	0
VG QUESO CHEESE	70-100
VG DICED TOMATOES	5
VG SHREDDED LETTUCE	0

SELECT 1

	CALORIES
BURRITO (FLOUR)	750-850
RICE BOWL	460-570
GREEN SALAD	90
NACHOS	410-520
MINI TACOS	240-300

$10.09 OR 4 ME MEAL EXCHANGE

2000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.