



CATERING MENU

TO PLACE YOUR ORDER, PLEASE EMAIL ALMA MONTELONGO AT
ALMA.MONTELONGO@SODEXO.COM.

BAGELS & SHMEAR

Served with Utensils, Plates & Napkins

Bagels & Shmeat Baker's Dozen 19.99

13 Fresh-Baked Bagels & 2 Tubs Shmeat (Serves up to 13)

Fresh-Baked Bagels

Asiago 300 Cal	Honey Whole Wheat 260 Cal
Blueberry 290 Cal	Everything 280 Cal
Chocolate Chip 300 Cal	Plain 270 Cal
Cinnamon Raisin 280 Cal	Sesame Seed 290 Cal
Cinnamon Sugar 320 Cal	

Double-Whipped Shmeat Tubs

Garden Veggie* 540 Cal	Plain 630 Cal
Honey Almond*  630 Cal	Onion & Chive 630 Cal
Jalapeno Salsa* 540 Cal	Strawberry 560 Cal



LUNCH SANDWICHES

Served with Utensils, Plates & Napkins

Classic Lunch Nosh Box

Turkey & Cheddar on Plain Bagel 540 Cal, Ham & Swiss on Plain Bagel 550 Cal and Avocado Veg Out on Sesame Bagel  420 Cal
10 Full Sandwiches (cut in half & wrapped) 84.79

BEVERAGES FOR THE GROUP

Coffee for the Group 21.79

Your choice of one of our Fresh-Brewed Coffee Blends conveniently served in a portable & pourable box with cups, lids, half & half, sweeteners & stir sticks (96 oz - Serves up to 10) Choose from:

Bros. Breakfast Blend Smooth & Classic Medium Roast	5 Cal
Vanilla Hazelnut  Vanilla & Nutty Medium Roast	5 Cal
Darn Good Dark Full-bodied & Chocolatey Dark Roast	5 Cal
Bros. Decaf Medium Roast Caffeine-Free	5 Cal

INDIVIDUAL LUNCH BOX

Served with Sea Salt Chips 180 Cal, and Cookie 460 Cal

Tasty Turkey 510 Cal 15.40

Roasted Turkey, Spinach, Cucumber, Lettuce, Tomato with Onion & Chive Shmeat on Asiago Bagel

Avocado Veg Out 420 Cal 15.40

Avocado, Tomato, Cucumber, Red Onion, Spinach, Lettuce, with Garden Veggie Shmeat on Sesame Bagel

Turkey, Bacon & Avocado 610 Cal 15.40

Roasted Turkey, Thick-Cut Bacon, Avocado, Lettuce, Tomato with Roasted Tomato Spread on toasted Ciabatta

Turkey & Cheddar 540 Cal 15.40

Roasted Turkey, Cheddar Cheese, Lettuce, Tomato, Red Onion with Mayo on toasted Ciabatta

Ham & Swiss 550 Cal 15.40

Smoked Ham, Swiss Cheese, Lettuce, Tomato, Red Onion with Mayo on toasted Ciabatta

VEGETARIAN CONTAINS NUTS

*25% less fat than our regular shmeat. Fat content has been reduced from 12g to 9g per serving.

**COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW OR UNDERCOOKED SEAFOOD MAY INCREASE THE RISK OF FOODBORNE ILLNESS.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.