

Coffee and Espresso

Item	Small	Medium	Large
Coffee	5-130 cal.	5-190 cal.	5-260 cal.
Frozen Coffee	390 cal.	590 cal.	780 cal.
Cold Brew with Sweet Cold Foam	90 cal.	90 cal.	130 cal.
Shakin Espresso	120 cal.	180 cal.	230 cal.
Signature Latte	300-320 cal.	400-440 cal	520-570 cal.
Latte	120 cal	170 cal	230 cal
Cappuccino	80 cal.	120 cal.	160 cal.
Macchiato	80 cal.	120 cal.	160 cal.
Espresso	5 cal	-	-

Refreshing Sips

Item	Small	Medium	Large
Refreshers (strawberry dragonfruit, mango pineapple)	With Green Tea: 80/90 cal With Lemonade: 160 cal	with Green Tea: 130 cal With Lemonade: 230/240	With Green Tea: 170cal With Lemonade: 310/320 cal
Chai Latte	200 cal	290 cal	390 cal
Matcha Latte	170 cal	250cal	340 cal
Lemonade	120 cal	180 cal	240 cal
Iced Tea (black/green)	5-70 cal	5-100 cal	5-140 cal
Hot Tea (black, green, decaf black, min, caffeine free chamomile, Hibiscus)	0	0	0
Hot Chocolate	220 cal	330 cal	460 cal
Coolatta (strawberry, vanilla bean, blue raspberry)	230-390cal	350-590 cal	460-790 cal
Rockstar Energy Punch (strawberry, blue raspberry)	190cal	240-260cal	430-440 cal

All Day Bites

Item	calories
Loaded Hashbrowns	320 cal
Stuffed bagel minis	240/260 cal
Sweet Black Pepper Bacon	190cal
Hash Browns	110 cal
Avocado Toast	240 cal/290 cal (with bacon)
Omelet Bites	280 cal

Sandwich	Calories
Wake up Wrap Sandwich	180-290 cal
Sweet Black Pepper Bacon Sandwich	650 cal
Sourdough Breakfast Sandwich	650 cal
Sausage, egg & Cheese croissant	720 cal
Ham and Swiss Croissant Stuffer	330 cal
Dunkin Wrap	380 cal

Donuts and Bakery

Item	calories
Classic Donut	270 cal
Dozen Donuts	2,880–4,320 cal
Half Dozen Donuts	1,440–2,160 cal
Munchkin Donut Hole 10 pack	600–900 cal
Munchkin Donut Hole 25 pack	1,500–2,250 cal
Plain Croissant	340 cal
Muffins	460 cal
English Muffin	190 cal
Bagel with Cream Cheese	620 cal