

WEEK OF DECEMBER 1-5

MONDAY

TUESDAY & WEDNESDAY

THURSDAY & FRIDAY

Carnitas

Chicken Tinga

Spanish Rice

Refried Beans

Black Bean, Corn, & Jicama Salad

> Soup: Chicken Tortilla

Meatloaf

Beef Gravy

Mashed Potatoes

Green Beans

Corn

Garden Salad

Soup: Lentil Stew Chicken Parmesan

Spaghetti Marinara

Steamed Broccoli

Roasted Mushrooms

Balsamic Broccoli Pasta Salad

Garlic Bread

Caesar Salad

Soup: Italian Wedding