

DINING WITHOUT GLUTEN AT TREVECCA

FOOD ALLERGIES & MEDICAL DIETS

Trevecca Dining Services understands the importance of a balanced and nutritious diet for those dining without gluten. We provide a variety of options across campus that are made without gluten. While our dining facilities are not gluten free, we have made it easy for you to identify what items contain gluten ingredients. Menu items that contain major allergens (milk, egg, soy, wheat, fish, shellfish, peanuts, tree nuts and sesame) and gluten as part of their ingredients are identified on our menu screens and identifiers. If you are sensitive to cross-contact and/or require a gluten-free diet, please contact our dietitian or manager to best determine how we can meet your dietary needs

Amanda Ceglarz MS, RD, LD
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Andrew Bullard, General Manager
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YOU CAN ALWAYS ASK TO SPEAK WITH
A MANAGER IF YOU HAVE QUESTIONS,
COMMENTS, CONCERNS OR JUST CAN'T
FIND WHAT YOU ARE LOOKING FOR AT
YOUR DINING HALL.



TREVECCADINING

trevecca.sodexomyway.com

SIMPLE SERVINGS

This served station does not offer foods made with the FDA’s most common allergens of peanuts, tree nuts, wheat, soy, milk, eggs, shellfish or sesame. All foods offered are made without gluten-containing ingredients. Simple Servings team members are trained to prepare and serve safe food. Separate equipment, storage areas, utensils and preparation areas minimize the chances of gluten and allergens in food served at this station.

MADE WITHOUT GLUTEN

A self-serve “pantry” in Apple Dining Hall with available pre-packaged items and dedicated appliances like a toaster, and waffle maker for customers with a gluten-free requirement. To maintain a safe area, we ask that students do not bring food from other stations to this counter.

STACKED

Made-to-order sandwiches are available at all delis. All deli meats and cheeses are made without gluten. Bring pre-packaged gluten free bread from the made without gluten counter and request a sandwich without gluten for backup supply and cross-contact precautions.

SLICES

Made without gluten cauliflower pizza and pasta available by request. All items are sourced from our backup supply to minimize cross-contact.

MIX

Mix is a build-your-own salad bar, offering a wide array of toppings including veggies, fruit, beans, yogurts, seeds, and more! All items are available from our backup supply upon request.

SPECIAL MEALS/ITEMS AVAILABLE UPON REQUEST:

Items listed below can be prepared separately to minimize risk of cross-contact. Order times may vary, to avoid waiting we suggest that you request your items in advance by contacting the dining hall manager:

- Pizza
 - Hamburger
 - Cheeseburger
 - Pasta
 - Dessert
- Grilled cheese
 - Chicken stir fry
 - Omelettes
 - Sandwich
 - Salad



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 - Hamburger
 - Cheeseburger
 - Pasta
 - Dessert
- Grilled cheese
 - Chicken stir fry
 - Tofu stir fry
 - Sandwich
 - Salad

