

# BBQ NATION

## Step 1: Choose Your Meal

### BBQ Platter

Protein + Sauce + 2 Sides  
+ Cornbread Special

\$13.99

(+\$2.00 for beef brisket or BBQ ribs)

### BBQ Meal

Protein + Sauce + 1 Side

\$10.99

(+\$2.00 for beef brisket or BBQ ribs)

### Sandwich Meal

Protein on Brioche Bun +  
Sauce + 1 Side

\$10.99

### BBQ Proteins

a la carte

Pulled Chicken Thighs	270 cal	\$7.99
Smoked Pork Shoulder	280 cal	\$7.99
Smoked Sausage	350 cal	\$7.99
Southern Fried Portabella Mushroom 	400 cal	\$7.99

### BBQ Sauces

Extra Sauces \$0.59 each

Bourbon BBQ	45 cal
Sweet Baby Ray's BBQ	35 cal
Tangy Hot BBQ	35 cal
BBQ Sauce of the Week	25-70 cal

### Add Sides

a la carte

Mac & Cheese 	270 cal	\$4.49
Southern Style Green Beans w/ Bacon	40 cal	\$3.99
BBQ Baked Beans	150 cal	\$3.99
Sweet Corn Esquites 	140 cal	\$4.49
Creamy Coleslaw 	250 cal	\$2.49
Classic Potato Salad 	190 cal	\$2.49
House Specialty Cornbread 	510 cal	\$2.49

### Add a Drink

Medium Coffee	5 cal	\$4.09
Large Coffee	10 cal	\$4.69
Medium Strawberry Banana Smoothie	240 cal	\$5.99
Large Strawberry Banana Smoothie	330 cal	\$6.99
Medium Mango Smoothie	250 cal	\$5.99
Large Mango Smoothie	380 cal	\$6.99

### BBQ Sandwiches

a la carte

Smoked Chicken Sandwich	410 cal	\$8.49
Smoked Pork Sandwich	420 cal	\$8.49

**SAUCY. SMOKY.  
SPECTACULAR.**

BBQ from Shore to Shore

**MON/WED/FRI**



Mindful



Vegan



Vegetarian



Plant Based

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

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### BBQ Meal

Protein + Sauce + 1 Side

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(+\$2.00 for beef brisket or BBQ ribs)

### Sandwich Meal

Protein on Brioche Bun +  
Sauce + 1 Side

\$10.99

### BBQ Proteins

a la carte

Smoked Beef Brisket	270 cal	\$8.99
Pulled Chicken Thighs	270 cal	\$7.99
Smoked Pork Shoulder	280 cal	\$7.99
Smoked Sausage	350 cal	\$7.99

### BBQ Sauces

Extra Sauces \$0.59 each

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Tangy Hot BBQ	35 cal
BBQ Sauce of the Week	25-70 cal

### Add Sides

a la carte

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### BBQ Sandwiches

a la carte

Smoked Chicken Sandwich	410 cal	\$8.49
Smoked Pork Sandwich	420 cal	\$8.49

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SPECTACULAR.**

BBQ from Shore to Shore

**TUESDAY:  
BRISKET SPECIAL**



Mindful



Vegan



Vegetarian



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### BBQ Meal

Protein + Sauce + 1 Side

\$10.99

(+\$2.00 for beef brisket or BBQ ribs)

### Sandwich Meal

Protein on Brioche Bun +  
Sauce + 1 Side

\$10.99

### BBQ Proteins

a la carte

St. Louis Style Ribs	270 cal	\$9.99
Pulled Chicken Thighs	270 cal	\$7.99
Smoked Pork Shoulder	280 cal	\$7.99
Smoked Sausage	350 cal	\$7.99

### BBQ Sauces

Extra Sauces \$0.59 each

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Large Mango Smoothie	380 cal	\$6.99

### BBQ Sandwiches

a la carte

Smoked Chicken Sandwich	410 cal	\$8.49
Smoked Pork Sandwich	420 cal	\$8.49

**SAUCY. SMOKY.  
SPECTACULAR.**

BBQ from Shore to Shore

**THURSDAY:  
RIBS SPECIAL**



Mindful



Vegan



Vegetarian



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