

BBQ NATION

Step 1: Choose Your Meal

BBQ Platter

Protein + Sauce + 2 Sides
+ Cornbread Special

\$13.99

(+\$2.00 for beef brisket or BBQ ribs)

BBQ Meal

Protein + Sauce + 1 Side

\$10.99

(+\$2.00 for beef brisket or BBQ ribs)

Sandwich Meal

Protein on Brioche Bun +
Sauce + 1 Side

\$10.99

BBQ Proteins

a la carte

Pulled Chicken Thighs	270 cal	\$7.99
Smoked Pork Shoulder	280 cal	\$7.99
Smoked Sausage	350 cal	\$7.99
Southern Fried Portabella Mushroom	400 cal	\$7.99

BBQ Sauces

Extra Sauces \$0.59 each

Bourbon BBQ	45 cal
Sweet Baby Ray's BBQ	35 cal
Tangy Hot BBQ	35 cal
BBQ Sauce of the Week	25-70 cal

Add Sides

a la carte

Mac & Cheese	270 cal	\$4.49
Southern Style Green Beans w/ Bacon	40 cal	\$3.99
BBQ Baked Beans	150 cal	\$3.99
Sweet Corn Esquites	140 cal	\$4.49
Creamy Coleslaw	250 cal	\$2.49
Classic Potato Salad	190 cal	\$2.49
House Specialty Cornbread	510 cal	\$2.49

Add a Drink

Medium Coffee	5 cal	\$4.09
Large Coffee	10 cal	\$4.69
Medium Strawberry Banana Smoothie	240 cal	\$5.99
Large Strawberry Banana Smoothie	330 cal	\$6.99
Medium Mango Smoothie	250 cal	\$5.99
Large Mango Smoothie	380 cal	\$6.99

BBQ Sandwiches

a la carte

Smoked Chicken Sandwich	410 cal	\$8.49
Smoked Pork Sandwich	420 cal	\$8.49

SAUCY. SMOKY. SPECTACULAR.

BBQ from Shore to Shore

MON/WED/FRI

 Mindful

 Vegan

 Vegetarian

 Plant Based

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

BBQ NATION

Step 1: Choose Your Meal

BBQ Platter

Protein + Sauce + 2 Sides
+ Cornbread Special

\$13.99

(+\$2.00 for beef brisket or BBQ ribs)

BBQ Meal

Protein + Sauce + 1 Side

\$10.99

(+\$2.00 for beef brisket or BBQ ribs)

Sandwich Meal

Protein on Brioche Bun +
Sauce + 1 Side

\$10.99

BBQ Proteins

a la carte

Smoked Beef Brisket	270 cal	\$8.99
Pulled Chicken Thighs	270 cal	\$7.99
Smoked Pork Shoulder	280 cal	\$7.99
Smoked Sausage	350 cal	\$7.99

BBQ Sauces

Extra Sauces \$0.59 each

Bourbon BBQ	45 cal
Sweet Baby Ray's BBQ	35 cal
Tangy Hot BBQ	35 cal
BBQ Sauce of the Week	25-70 cal

Add Sides

a la carte

Mac & Cheese	270 cal	\$4.49
Southern Style Green Beans w/ Bacon	40 cal	\$3.99
BBQ Baked Beans	150 cal	\$3.99
Sweet Corn Esquites	140 cal	\$4.49
Creamy Coleslaw	250 cal	\$2.49
Classic Potato Salad	190 cal	\$2.49
House Specialty Cornbread	510 cal	\$2.49

Add a Drink

Medium Coffee	5 cal	\$4.09
Large Coffee	10 cal	\$4.69
Medium Strawberry Banana Smoothie	240 cal	\$5.99
Large Strawberry Banana Smoothie	330 cal	\$6.99
Medium Mango Smoothie	250 cal	\$5.99
Large Mango Smoothie	380 cal	\$6.99

BBQ Sandwiches

a la carte

Smoked Chicken Sandwich	410 cal	\$8.49
Smoked Pork Sandwich	420 cal	\$8.49

SAUCY. SMOKY. SPECTACULAR.

BBQ from Shore to Shore

**TUESDAY:
BRISKET SPECIAL**

 Mindful

 VG Vegan

 V Vegetarian

 Plant Based

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

BBQ NATION

Step 1: Choose Your Meal

BBQ Platter

Protein + Sauce + 2 Sides
+ Cornbread Special

\$13.99

(+\$2.00 for beef brisket or BBQ ribs)

BBQ Meal

Protein + Sauce + 1 Side

\$10.99

(+\$2.00 for beef brisket or BBQ ribs)

Sandwich Meal

Protein on Brioche Bun +
Sauce + 1 Side

\$10.99

BBQ Proteins

a la carte

St. Louis Style Ribs	270 cal	\$9.99
Pulled Chicken Thighs	270 cal	\$7.99
Smoked Pork Shoulder	280 cal	\$7.99
Smoked Sausage	350 cal	\$7.99

BBQ Sauces

Extra Sauces \$0.59 each

Bourbon BBQ	45 cal
Sweet Baby Ray's BBQ	35 cal
Tangy Hot BBQ	35 cal
BBQ Sauce of the Week	25-70 cal

Add Sides

a la carte

Mac & Cheese	270 cal	\$4.49
Southern Style Green Beans w/ Bacon	40 cal	\$3.99
BBQ Baked Beans	150 cal	\$3.99
Sweet Corn Esquites	140 cal	\$4.49
Creamy Coleslaw	250 cal	\$2.49
Classic Potato Salad	190 cal	\$2.49
House Specialty Cornbread	510 cal	\$2.49

Add a Drink

Medium Coffee	5 cal	\$4.09
Large Coffee	10 cal	\$4.69
Medium Strawberry Banana Smoothie	240 cal	\$5.99
Large Strawberry Banana Smoothie	330 cal	\$6.99
Medium Mango Smoothie	250 cal	\$5.99
Large Mango Smoothie	380 cal	\$6.99

BBQ Sandwiches

a la carte

Smoked Chicken Sandwich	410 cal	\$8.49
Smoked Pork Sandwich	420 cal	\$8.49

SAUCY. SMOKY. SPECTACULAR.

BBQ from Shore to Shore

THURSDAY:
RIBS SPECIAL

 Mindful

 Vegan

 Vegetarian

 Plant Based

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.