

SMOOTHIES 7.19 | 16OZ

Strawberry Banana | 260 Cal

Strawberry, Banana, Local Yogurt, Apple Juice

Chocolate Covered Strawberry | 250 Cal

Strawberry, Coco Mix, Local Yogurt, Milk

Make It Green | 240 Cal

Banana, Mango, Spinach, Almond Milk

Hawaii-razz-ma-tazz | 180 Cal

Pineapple, Raspberry, Kale, Agave, Orange Juice

Peanut Butter Banana | 530 Cal

Banana, Peanut Butter Powder, Local Yogurt, Almond Milk

Mighty Mango | 280 Cal

Mango, Banana, Local Yogurt, Vanilla, Apple Juice

Hi-C's | 200 Cal

Strawberry, Mango, Apple Juice, Orange Juice

Something Golden | 135 Cal

Raspberry, Mango, Turmeric, Agave, Almond Milk

Add ons: Whey Powder 55 Cal • Matcha Powder 5 Cal • Cocoa Powder 70 Cal

2.59 each Powered Peanut Butter 60 Cal • Flax Seed 75 Cal • Chia Seeds 70 Cal

Baby Spinach 10 Cal • Kale 15 Cal • UVM Proctor Maple Syrup 70 Cal

ICE CREAM



Small 3.29 | 130 - 200 Cal

Large 4.89 | 260 - 400 Cal

Sprinkles .29 | 40 Cal

Milkshake 7.09 | 700 - 913 Cal

Brrrmonter 8.49 | 1177 Cal

Sweet Cream Ice Cream blended with your favorite toppings:

Butterfingers • Oreos • M&M's • Reese Pieces



One Sugar Waffle 5.39 | 380 Cal

Two Sugar Waffle 8.59 | 760 Cal

Add ons: Ice Cream Scoop 2.69 | 130-200 Cal

Chocolate Topping .99 | 110 Cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.