

Week 4

	13-Jul Monday	14-Jul Tuesday	15-Jul Wednesday	16-Jul Thursday	17-Jul Friday
Lunch					
	Mac and Cheese	Popcorn Chicken	Chicken Parmesan Sub	Turkey and Fresh Mozzarella Wrap	Cheeseburgers, Hamburgers, Hot Dogs
	Plain Pasta or Pasta with Marinara Sauce	Plain Pasta or Pasta with Marinara Sauce	Plain Pasta or Pasta with Marinara Sauce	Plain Pasta or Pasta with Marinara Sauce	
Vegan					
	Roasted Vegetable Wrap	Grilled Vegetable, Hummus Wrap	Grilled Eggplant and Roast Tomato Ciabbatta	Portobello, Asparagus and Farro Wrap	Vegan Burger
Vegetable					
	Mixed Vegetables	Green Beans	Steamed Corn	Baby Carrots	Squash & Zucchini
Dessert					
	Rice Crispy Squares	Cantaloupe	Cookies	Pineapple	Watermelon
Gluten Free Option					
	Grilled Chicken on GF Bread	GF Popcorn Chicken	Eggplant and Roast Tomato on GF Bread	Turkey and Fresh Mozzarella on GF Bread	Burger on GF Bread
Served Daily: Salad Bar Sunflower PB and Jam Sandwich or Sunflower PB Sandwich or Jam Sandwich Country Time Lemonade and Water					

Dining Lunch Hours:
 11:15 - 11:40
 11:45 - 12:10
 12:15 - 12:40
 12:45 - 1:10
 12:45 - 1:10

Vegan

 Gluten Free

 Vegetarian
