

We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.

Breakfast May 13

Scrambled Eggs
180 cal | 4 OZ | \$0.78

HALAL

Allergens: egg, soy



Pancakes

310 cal | 2 EA | \$0.55

Allergens: milk, egg, soy, wheat, gluten



Bacon Slices

70 cal | 2 EA | \$0.60

Scrambled Egg
100 cal | 2 OZ | \$1.78

HALAL

Allergens: soy



Country Style Potato
4 OZ | \$0.79

Pork Sausage Patty
170 cal | 1 EA | \$0.53

Turkey Sausage Links
90 cal | 2 EA | \$0.77

= vegan

= plant-based

= vegetarian

We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.

Lunch May 13

Fried Chicken

790 cal | 1 EA | \$3.15

Allergens: milk, egg, wheat, gluten

Pulled Pork

4 OZ | \$1.54

Allergens: soy

Spaeztle

220 cal | 4 OZ | \$0.83

Allergens: milk, egg, wheat, gluten



Green Beans

70 cal | 4 OZ | \$0.67



Squash Ravioli

4 OZ | \$1.03

Allergens: milk, wheat, soy gluten

= vegan = plantbased = vegetarian

We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.

Dinner May 13

Fried Chicken

790 cal | 1 EA | \$3.15

Allergens: milk, egg, wheat, gluten

Fried Shrimp

4 EA | \$1.74

Allergens: shellfish, wheat, gluten

Wild Rice

4 OZ | \$0.55

VG

Sauteed Corn

4 OZ | \$0.44

VG

Empanada

4 OZ | \$1.25

Allergens: wheat, soy gluten

VG

VG = vegan **VP** = plantbased **V** = vegetarian

We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.



Sizzle May 13

SIZZLE

GRILL + GRIDDLE

ALL ITEMS MADE WITHOUT GLUTEN

EXCLUSIVELY AT CIW

Chicken Tenders

\$3.38

HALAL

Hamburger \$3.99

Allergens: egg

Cheeseburger \$4.19

Allergens: milk, egg

Beyond Burger® \$3.31

Allergens: egg, coconut

French Fries  \$0.42

Grilled Cheese Sandwich  \$1.41

Allergens: milk, egg, soy

Grilled Cheese Sandwich with Smoke Master Ham \$1.88

Allergens: milk, egg, soy

Sweet Potato Fries  \$1.28

Consumer advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change.

 = Vegetarian  = Vegan  = Plant-Based



Slices May 13

If you have food allergies or dietary requirements, please contact the manager on duty or one of our Registered Dietitians.

We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.

Cheese

Allergens: milk, wheat, soy, gluten, sesame

\$1.10

Pepperoni

Allergens: milk, wheat, soy, gluten, sesame

\$1.23

Plant Based Pizza

Allergens: wheat, soy, gluten, coconut, sesame

\$0.92

**Don't see this item available? Please ask your server!*

SLICES

We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.

Tomato With Basil Soup

90 cal | 8 OZ | \$1.17

Flavorful soup made with ripe red tomatoes and sweet basil in a savory broth

Allergens: gluten, wheat



Italian Wedding Soup

90 cal | 8 OZ | \$1.28

Acini di pepe pasta and tender meatballs in a rich chicken broth with green spinach, herbs and parmesan cheese

Allergens: gluten, milk, soy, wheat



Roast Poblano White Cheddar Soup

140 cal | 8 OZ | \$2.55

Fire-roasted poblanos, green chilies, tomatillos, sharp white cheddar and cream, finished with a squeeze of lime

Allergens: milk



Mindful



Vegan



Plant Based



Vegetarian