



= plant-based

Dishes that only use ingredients from plants such as: fruits, veggies, whole grains, legumes, and nuts. They may also include honey and sugar.



= vegetarian

Menu items with the vegetarian icon do not contain meat or fish but may, or may not, contain dairy, eggs, and/or honey.



= vegan

Menu items with the vegan icon do not contain any ingredients that came from animals.

Consumer Advisory:

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

We may experience substitutions of some food and beverage items, and therefore, nutrition and allergen information is subject to change.

HAMBURGER

Contains milk, egg, wheat, soy, gluten, sesame

\$2.89

CHEESEBURGER

Contains milk, egg, wheat, soy, gluten, sesame

\$3.04

GRILLED CHICKEN SANDWICH

Contains milk, egg, wheat, soy, gluten, sesame

\$3.53

GLUTEN-FREE BUN

Contains egg

CHICKEN TENDERS

Contains wheat, gluten

\$3.60

CURLY FRIES

Contains wheat, gluten

\$0.46



MOZZARELLA STICKS

Contains milk, wheat, soy, gluten

\$3.05

MAC & CHEESE BITES

Contains milk, egg, wheat, soy, gluten

\$3.26

PIZZA LOGS

Contains milk, egg, wheat, soy, gluten

\$2.93

If you have food allergies or special dietary requirements, please contact the manager on duty or one of our Registered Dietitians.





BINGHAMTON
UNIVERSITY
DINING SERVICES



BINGCAMPUSFOOD

The items below may be available for grab-n-go. If we don't have it ready, we will prepare it for you upon request.

Grilled Salmon	\$4.17
<i>Contains fish</i>	
White Rice 	\$0.24
Steamed Vegetables 	\$0.78
Black Bean Burger  	\$2.21
<i>Contains wheat, soy, gluten, sesame</i>	
Garden Burger 	\$2.27
<i>Contains milk, wheat, soy, gluten, sesame</i>	
Beyond® Burger  	\$3.77
<i>Contains wheat, coconut, soy, gluten, sesame</i>	

HAMBURGER

Contains milk, egg, wheat, soy, gluten, sesame

\$2.89

CHEESEBURGER

Contains milk, egg, wheat, soy, gluten, sesame

\$3.04

GRILLED CHICKEN SANDWICH

Contains milk, egg, wheat, soy, gluten, sesame

\$3.53

GLUTEN-FREE BUN

Contains egg

CHICKEN TENDERS

Contains wheat, gluten

\$3.60

CURLY FRIES

Contains wheat, gluten

\$0.46



MOZZARELLA STICKS

Contains milk, wheat, soy, gluten

\$3.05

MAC & CHEESE BITES

Contains milk, egg, wheat, soy, gluten

\$3.26

PIZZA LOGS

Contains milk, egg, wheat, soy, gluten

\$2.93

If you have food allergies or special dietary requirements, please contact the manager on duty or one of our Registered Dietitians.