

We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.

Breakfast May 14

Scrambled Eggs
180 cal | 4 OZ | \$0.78

HALAL

Allergens: egg, soy



Pancakes
310 cal | 2 EA | \$0.55

Allergens: milk, egg, soy, wheat, gluten



Bacon Slices
70 cal | 2 EA | \$0.60

Scrambled Egg
100 cal | 2 OZ | \$1.78

HALAL

Allergens: soy



Hash Brown Patty
170 cal | 1 EA | \$0.33

HALAL



Pork Sausage Patty
170 cal | 1 EA | \$0.53

= vegan

= plant-based

= vegetarian

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Lunch May 14

Italian Chicken
180 cal | 1 EA | \$2.08
Allergens: soy

Baked Flounder
380 cal | 1 EA | \$2.42
Allergens: fish

Rice Pilaf
230 cal | 4 OZ | \$0.22
HALAL
VC

Vegetable Medley
4 OZ | \$0.62
VC

Tofu Cacciatore
150 cal | 6 OZ | \$1.01
Allergens: soy
VC

VC = vegan VP = plantbased V = vegetarian

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Dinner May 14

Maple Roasted Turkey

150 cal | 4 OZ | \$2.31

Allergens: soy

Fried Fish

1 EA | \$3.31

Allergens: fish, egg, wheat, soy, gluten

Corn

70 cal | 4 OZ | \$0.44



Vegetable Medley

4 OZ | \$0.62



Quinoa

6 OZ | \$0.68

Allergens: soy

 = vegan  = plantbased  = vegetarian

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Szechuan Top Round Steak

190 cal | 3 OZ | \$1.83

Top round steak rubbed with cinnamon, cloves, fennel, star anise, and Szechuan peppercorns and cayenne

Black Beans Frijoles Negros

70 cal | 4 OZ | \$0.42

HALAL

Black beans simmered with onion and garlic



Steamed White Rice

150 cal | 4 OZ | \$0.18

HALAL



Simply Grilled Chicken

210 cal | 1 EA | \$2.71

HALAL

Char grilled chicken seasoned with extra virgin olive oil, kosher salt and black pepper



Gingered Snow Peas And Yellow Squash

50 cal | 3 OZ | \$0.74

HALAL

Stir fried yellow squash and snow peas seasoned with fresh ginger, shallots, garlic and chives



Asian Vegetables

25 cal | 4 OZ | \$0.65

HALAL

Fresh bok choy, broccoli, red peppers, napa cabbage and carrots



Sizzle May 14

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Hamburger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$2.99

Philly Cheesesteak

Allergens: milk, wheat, soy, gluten, sesame

\$4.45

Cheeseburger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$3.19

French Fries

Allergens: wheat, gluten

\$0.42

Bacon Cheeseburger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$4.14

Mozzarella Sticks

Allergens: milk, wheat, soy, gluten

\$3.01

Beyond Burger®

Allergens: wheat, coconut, soy, gluten, sesame

\$3.31

Hot Dog

Allergens: milk, wheat, soy, gluten, sesame

\$1.96

Black Bean Burger

Allergens: wheat, soy, gluten, sesame

\$2.53

Grilled Cheese Sandwich

Allergens: milk, wheat, soy, gluten, sesame

\$1.51

Turkey Burger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$2.09

Gluten-free bun

Allergens: egg

Garden Burger

Allergens: milk, wheat, soy, gluten, sesame

\$2.73

Chicken Tenders

\$3.38

HALAL

Consumer advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change.

 = Vegetarian  = Vegan  = Plant-Based

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Roasted Red Pepper & Gouda Bisque
280 cal | 8 OZ | \$2.12

A rich, velvety bisque of pureed roasted red bell peppers with smoked Gouda, sweet basil leaves, garlic and fresh cream

Allergens: gluten, milk, soy, wheat

New England Clam Chowder
100 cal | 8 OZ | \$1.35

This rich and delicious chowder is made with diced white potatoes, fresh cream, clams and celery

Allergens: fish, gluten, milk, shellfish, soy, wheat

Chicken Noodle Soup
110 cal | 8 OZ | \$1.26

Allergens: egg, gluten, soy, wheat



Mindful



Vegan



Plant Based



Vegetarian